

Saturday, Sunday and Holidays, Effective November 11, 2024 - March 2, 2025

Eastbound	For explanation, see "Reference Notes."																									
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM		
PENN STATION	12:50	1:57	3:47	5:34	5:45	6:45	7:06	7:45	8:06	8:45	9:06	9:42	10:06	10:45	11:06	11:45	12:06	12:45	1:06	1:45					
GRAND CENTRAL	12:15	
Woodside	1:01	2:09	3:58	
Forest Hills	12:30	7:00	8:00	9:00	9:57	11:00	12:00	1:00	2:00	
Kew Gardens	12:32	7:02	8:02	9:02	9:59	11:02	12:02	1:02	2:02
JAMAICA (Arrive)	12:36	1:11	2:17	4:07	5:54	6:06	7:06	7:26	8:06	8:26	9:06	9:26	10:03	10:26	11:06	11:26	12:06	12:26	1:06	1:26	2:06					
JAMAICA (Leave)	12:38	1:13	2:19	4:08	5:55	6:08	7:08	7:28	8:08	8:28	9:08	9:28	10:05	10:28	11:08	11:28	12:08	12:28	1:08	1:28	2:08					
Locust Manor	1:19	2:25	4:14	6:01	7:34	8:34	9:34	10:34	11:34	12:34	1:34
Laurelton	1:21	2:27	4:16	6:03	7:36	8:36	9:36	10:36	11:36	12:36	1:36
Rosedale	1:24	2:30	4:19	6:06	7:39	8:39	9:39	10:39	11:39	12:39	1:39
Valley Stream (Note)	1:27	2:33	4:22	6:09	7:42	8:42	9:42	10:42	11:42	12:42	1:42
LYNBROOK	A 12:52	B 1:30	B 2:36	B 4:25	B 6:12	A 6:21	A 7:21	B 7:45	A 8:21	B 8:45	A 9:21	B 9:45	A 10:18	B 10:45	A 11:21	B 11:45	A 12:21	B 12:45	A 1:21	B 1:45	A 2:21					
Centre Avenue	1:32	2:38	4:27	6:14	7:47	8:47	9:47	10:47	11:47	12:47	1:47
East Rockaway	1:34	2:40	4:29	6:16	7:49	8:49	9:49	10:49	11:49	12:49	1:49
Oceanside	1:36	2:42	4:31	6:18	7:51	8:51	9:51	10:51	11:51	12:51	1:51
Island Park	1:40	2:46	4:35	6:22	7:55	8:55	9:55	10:55	11:55	12:55	1:55
LONG BEACH	1:47	2:53	4:42	6:29	8:02	9:02	10:02	11:02	12:02	1:02	2:02
Train #	6202	6802	6804	6806	6810	6108	6112	6812	6116	6814	6120	6816	6124	6820	6128	6822	6132	6850	6152	6852	6156					

For explanation, see "Reference Notes."																										
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	
PENN STATION	2:06	2:45	3:06	3:45	4:06	4:45	5:06	5:45	6:06	6:45	7:06	7:45	8:06	8:45	9:06	9:42	10:06	10:45	11:06	11:43	11:58					
GRAND CENTRAL
Woodside
Forest Hills	3:00	4:00	5:00	6:00	7:00	8:00	9:00	9:57	11:00	11:00
Kew Gardens	3:02	4:02	5:02	6:02	7:02	8:02	9:02	9:59	11:02	11:02
JAMAICA (Arrive)	2:26	3:06	3:26	4:06	4:26	5:06	5:26	6:06	6:26	7:06	7:26	8:06	8:26	9:06	9:26	10:03	10:26	11:06	11:26	12:04	12:18					
JAMAICA (Leave)	2:28	3:08	3:28	4:08	4:28	5:08	5:28	6:08	6:28	7:08	7:28	8:08	8:28	9:08	9:28	10:05	10:28	11:08	11:28	12:06	12:19					
Locust Manor	2:34	3:34	4:34	5:34	6:34	7:34	8:34	9:34	10:34	11:34	12:24					
Laurelton	2:36	3:36	4:36	5:36	6:36	7:36	8:36	9:36	10:36	11:36	12:26					
Rosedale	2:39	3:39	4:39	5:39	6:39	7:39	8:39	9:39	10:39	11:39	12:29					
Valley Stream (Note)	2:42	3:42	4:42	5:42	6:42	7:42	8:42	9:42	10:42	11:42	12:32					
LYNBROOK	B 2:45	A 3:21	B 3:45	A 4:21	B 4:45	A 5:21	B 5:45	A 6:21	B 6:45	A 7:21	B 7:45	A 8:21	B 8:45	A 9:21	B 9:45	A 10:18	B 10:45	A 11:21	B 11:45	A 12:20	B 12:35					
Centre Avenue	2:47	3:47	4:47	5:47	6:47	7:47	8:47	9:47	10:47	11:47	12:37					
East Rockaway	2:49	3:49	4:49	5:49	6:49	7:49	8:49	9:49	10:49	11:49	12:39					
Oceanside	2:51	3:51	4:51	5:51	6:51	7:51	8:51	9:51	10:51	11:51	12:41					
Island Park	2:55	3:55	4:55	5:55	6:55	7:55	8:55	9:55	10:55	11:55	12:45					
LONG BEACH	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:02	11:02	12:02	12:52					
Train #	6854	6160	6856	6166	6860	6170	6862	6174	6866	6178	6868	6182	6872	6186	6874	6190	6876	6194	6878	6198	6880					

Saturday, Sunday and Holidays, Effective November 11, 2024 - March 2, 2025

Westbound	For explanation, see "Reference Notes."																								
	Sunday Only	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	
LONG BEACH	12:13	3:52	4:52	5:43	6:45	7:42	8:42	9:42	10:42	11:42
Island Park	12:19	3:58	4:58	5:49	6:51	7:48	8:48	9:48	10:48	11:48
Oceanside	12:23	4:02	5:02	5:53	6:55	7:52	8:52	9:52	10:52	11:52
East Rockaway	12:25	4:04	5:04	5:55	6:57	7:54	8:54	9:54	10:54	11:54
Centre Avenue	12:27	4:06	5:06	5:57	6:59	7:56	8:56	9:56	10:56	11:56
LYNBROOK	A 12:22	B 12:30	A 1:28	A 2:19	B 4:09	B 5:09	B 6:00	A 6:19	B 7:02	A 7:21	B 7:59	A 8:21	B 8:59	A 9:21	B 9:59	A 10:21	B 10:59	A 11:24	B 11:59	A 12:24					
Valley Stream (Note)	12:33	4:12	5:12	6:03	7:05	8:02	9:02	10:02	11:02	12:02
Rosedale	4:15	5:15	6:06	7:08	8:05	9:05	10:05	11:05	12:05
Laurelton	4:18	5:18	6:09	7:11	8:08	9:08	10:08	11:08	12:08
Locust Manor	4:20	5:20	6:11	7:13	8:10	9:10	10:10	11:10	12:10
JAMAICA (Arrive)	12:35	12:43	1:41	2:32	4:27	5:27	6:18	6:32	7:19	7:35	8:16	8:35	9:16	9:35	10:16	10:35	11:16	11:38	12:16	12:38					
JAMAICA (Leave)	12:37	12:45	1:42	2:33	4:28	5:28	6:19	6:33	7:21	7:37	8:18	8:37	9:18	9:37	10:18	10:37	11:18	11:40	12:18	12:40					
Kew Gardens	12:41	2:37	7:41	8:41	9:41	10:41	11:44	12:44						
Forest Hills	12:43	2:39																				

Monday through Friday except Holidays, Effective November 11, 2024 - March 2, 2025

Eastbound

To Long Beach

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Table showing train schedules for Eastbound service from Penn Station to Long Beach. Columns include station names and arrival times.

Table showing train schedules for Westbound service from Long Beach to Penn Station. Columns include station names and arrival times.

Monday through Friday except Holidays, Effective November 11, 2024 - March 2, 2025

Westbound

To Penn Station, Grand Central & Jamaica

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Table showing train schedules for Eastbound service from Long Beach to Penn Station. Columns include station names and arrival times.

Table showing train schedules for Westbound service from Penn Station to Long Beach. Columns include station names and arrival times.

Long Island Rail Road

Table for To Hunterspoint Avenue & Long Island City, Monday to Friday except Holidays. Columns include Train #, Notes, Jamaica, HP Ave, and LI City.

Table for From Long Island City & Hunterspoint Avenue, Monday to Friday except Holidays. Columns include Train #, Notes, LI City, HP Ave, and Jamaica.

WATCH THE GAP

Reference Notes

Table of reference notes including asterisk (*), platform information (A, B), bicycle restrictions, holiday service, peak AM/PM, and branch-specific service.

Customer Service Center

Long Island Rail Road Schedule & Fare Info: www.mta.info
24-hour automated Schedule & Fare information
Call: 511 (Say "LIRR" at anytime)

Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only: 911
MTA Police: (212) 878-1001
MTA Inspector General Hotline: (800) MTA-IG4U

Station Services: Connecting Transportation

Table showing connecting transportation options for various stations like Penn Station, Grand Central, Woodside, etc.

Title VI Statement

The LIRR is committed to ensuring that no person is excluded from participation in, denied the benefits of, or otherwise subjected to, discrimination on our programs, services, or activities on the basis of race, color, or national origin...

Responsibility

The Long Island Rail Road cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delays in train, failure to make connections or for changes in or shortage of equipment...