Saturday, Sunday and Holidays, Effective May 20 - September 2, 2024

Eastbound

To Hempstead

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION	......	12:16	......	......	2:35	3:24	5:26	6:02	......	7:02	......	8:02	......	9:08	......	10:02
GRAND CENTRAL	12:10	......	12:35	1:39	......	......	......	......	6:40	......	7:38	......	8:40	......	9:40	......
Woodside	12:22	......	12:47	......	2:47	3:35	......	6:14	......	7:14	......	8:14	......	9:20	......	10:14
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	12:30	12:37	12:56	2:00	2:56	3:45	5:47	6:23	7:01	7:23	8:00	8:23	9:01	9:29	10:01	10:23
JAMAICA (Leave)	12:31	12:38	12:57	2:01	2:57	3:46	5:48	6:24	7:02	7:24	8:02	8:24	9:02	9:30	10:02	10:24
Hollis	......	12:45	1:04	2:07	3:04	3:52	5:54	6:30	7:09	7:30	8:08	8:30	9:08	9:36	10:08	10:30
Queens Village	......	12:48	1:07	2:10	3:07	3:55	5:56	6:33	7:12	7:33	8:11	8:33	9:11	9:39	10:11	10:33
Elmont- UBS Arena	12:41	12:51	1:09	2:12	3:09	......	5:58	6:36	7:14	7:36	8:13	8:36	9:13	9:42	10:13	10:36
Bellerose	......	......	1:11	2:14	3:11	......	6:01	......	7:16	......	8:15	......	9:15	......	10:15	......
Floral Park	......	12:53	1:13	2:16	3:13	4:01	6:04	6:39	7:18	7:39	8:17	8:39	9:17	9:44	10:17	10:39
Stewart Manor	......	......	1:16	2:19	3:16	......	6:07	......	7:21	......	8:20	......	9:20	......	10:20	......
Nassau Boulevard	......	......	1:19	2:22	3:19	......	6:10	......	7:24	......	8:23	......	9:23	......	10:23	......
Garden City	......	......	1:22	2:25	3:22	......	6:13	......	7:27	......	8:26	......	9:26	......	10:26	......
Country Life Press	......	......	1:25	2:28	3:25	......	6:16	......	7:30	......	8:29	......	9:29	......	10:29	......
HEMPSTEAD	......	......	1:29	2:32	3:29	......	6:20	......	7:34	......	8:33	......	9:33	......	10:33	......
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	8002	7502	6702	6704	6706	7504	6710	7510	6712	7512	6714	7514	6716	7516	6718	7520

For explanation, see "Reference Notes."																	
	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	11:02	......	12:02	......	1:02	1:29	......	......	......	2:08	2:29	......	......	......	3:02	3:29
GRAND CENTRAL	10:40	......	11:38	......	12:40	......	......	1:35	1:40	1:58	......	......	2:35	2:40	2:58	......	......
Woodside	......	11:14	......	12:14	......	1:14	......	1:47	......	......	2:20	......	2:47	......	......	3:14	......
Forest Hills	......	......	......	......	......	......	1:44	......	......	2:14	......	2:44	......	......	3:14	......	3:44
Kew Gardens	......	......	......	......	......	......	1:46	......	......	2:16	......	2:46	......	......	3:16	......	3:46
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	11:01	11:23	12:00	12:23	1:01	1:23	1:50	1:56	2:01	2:20	2:29	2:50	2:56	3:01	3:20	3:23	3:50
JAMAICA (Leave)	11:02	11:24	12:02	12:24	1:02	1:24	1:51	1:57	2:02	2:21	2:30	2:51	2:57	3:02	3:21	3:24	3:51
Hollis	11:08	11:30	12:08	12:30	1:08	1:30	......	......	2:08	......	2:36	......	......	3:08	......	3:30	......
Queens Village	11:11	11:33	12:11	12:33	1:11	1:33	......	......	2:11	......	2:39	......	......	3:11	......	3:33	......
Elmont- UBS Arena	11:13	11:36	12:13	12:36	1:13	1:36	2:01	2:07	2:13	2:31	2:42	3:01	3:07	3:13	3:31	3:36	4:01
Bellerose	11:15	......	12:15	......	1:15	......	......	......	2:15	......	......	......	......	3:15	......	......	......
Floral Park	11:17	11:39	12:17	12:39	1:17	1:39	......	......	2:17	......	2:44	......	......	3:17	......	3:39	......
Stewart Manor	11:20	......	12:20	......	1:20	......	......	......	2:20	......	......	......	......	3:20	......	......	......
Nassau Boulevard	11:23	......	12:23	......	1:23	......	......	......	2:23	......	......	......	......	3:23	......	......	......
Garden City	11:26	......	12:26	......	1:26	......	......	......	2:26	......	......	......	......	2:26	......	......	......
Country Life Press	11:29	......	12:29	......	1:29	......	......	......	2:29	......	......	......	......	2:29	......	......	......
HEMPSTEAD	11:33	......	12:33	......	1:33	......	......	......	2:33	......	......	......	......	3:33	......	......	......
	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	6720	7522	6722	7550	6750	7552	7952	7652	6752	8054	7554	7954	7654	6754	8056	7556	7956

For explanation, see "Reference Notes."																					
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	......	......	4:02	4:29	......	......	......	5:10	5:29	......	......	......	6:02	6:29	......	......	......	7:03	7:29	......
GRAND CENTRAL	3:35	3:40	3:58	......	......	4:35	4:40	4:58	......	......	5:35	5:40	5:58	......	......	6:35	6:40	6:58	......	......	7:35
Woodside	3:47	......	......	4:14	......	......	......	......	5:22	......	5:47	......	......	6:14	......	......	......	......	7:15	......	7:47
Forest Hills	......	......	4:14	......	4:44	......	......	5:14	......	5:44	......	......	6:14	......	6:44	......	......	7:14	......	7:44	......
Kew Gardens	......	......	4:16	......	4:46	......	......	5:16	......	5:46	......	......	6:16	......	6:46	......	......	7:16	......	7:46	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	3:56	4:01	4:20	4:23	4:50	4:56	5:01	5:20	5:31	5:50	5:56	6:01	6:20	6:23	6:50	6:56	7:01	7:20	7:24	7:50	7:56
JAMAICA (Leave)	3:57	4:02	4:21	4:24	4:51	4:57	5:02	5:21	5:32	5:51	5:57	6:02	6:21	6:24	6:51	6:57	7:02	7:21	7:25	7:51	7:57
Hollis	......	4:08	......	4:30	......	......	5:08	......	5:38	......	......	6:08	......	6:30	......	......	7:08	......	7:31	......	......
Queens Village	......	4:11	......	4:33	......	......	5:11	......	5:40	......	......	6:11	......	6:33	......	......	7:11	......	7:34	......	......
Elmont- UBS Arena	4:07	4:13	4:31	4:36	5:01	5:07	5:13	5:31	5:42	6:01	6:07	6:13	6:31	6:36	7:01	7:07	7:13	7:31	7:36	8:01	8:07
Bellerose	......	4:15	......	......	......	......	5:15	......	......	......	......	6:15	......	......	......	......	7:15	......	......	......	......
Floral Park	......	4:17	......	4:39	......	......	5:17	......	5:44	......	......	6:17	......	6:39	......	......	7:17	......	7:39	......	......
Stewart Manor	......	4:20	......	......	......	......	5:20	......	......	......	......	6:20	......	......	......	......	7:20	......	......	......	......
Nassau Boulevard	......	4:23	......	......	......	......	5:23	......	......	......	......	6:23	......	......	......	......	7:23	......	......	......	......
Garden City	......	4:26	......	......	......	......	5:26	......	......	......	......	6:26	......	......	......	......	7:26	......	......	......	......
Country Life Press	......	4:29	......	......	......	......	5:29	......	......	......	......	6:29	......	......	......	......	7:29	......	......	......	......
HEMPSTEAD	......	4:33	......	......	......	......	5:33	......	......	......	......	6:33	......	......	......	......	7:33	......	......	......	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7656	6756	8058	7558	7958	7658	6760	8060	7560	7960	7660	6762	8064	7562	7964	7662	6764	8066	7566	7966	7666

For explanation, see "Reference Notes."																					
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	......	8:02	8:29	......	......	......	9:02	9:29	......	......	......	10:02	10:23	......	......	......	11:08	11:29	......	......
GRAND CENTRAL	7:40	7:58	......	......	8:35	8:40	8:58	......	......	9:35	9:40	9:58	......	......	10:35	10:40	10:58	......	......	11:34	11:39
Woodside	......	......	8:14	......	......	......	......	9:14	......	......	......	......	10:14	......	......	......	......	11:19	......	11:46	......
Forest Hills	......	8:14	......	8:44	......	......	9:14	......	9:44	......	......	10:14	......	10:38	......	......	11:14	......	11:44	......	......
Kew Gardens	......	8:16	......	8:46	......	......	9:16	......	9:46	......	......	10:16	......	10:40	......	......	11:16	......	11:46	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	8:01	8:20	8:23	8:50	8:56	9:01	9:20	9:23	9:50	9:56	10:01	10:20	10:23	10:44	10:56	11:01	11:20	11:28	11:50	11:55	12:00
JAMAICA (Leave)	8:02	8:21	8:24	8:51	8:57	9:02	9:21	9:24	9:51	9:57	10:02	10:21	10:24	10:45	10:57	11:02	11:21	11:29	11:51	11:56	12:01
Hollis	8:08	......	8:30	......	......	9:08	......	9:30	......	......	10:08	......	10:30	......	......	11:08	......	11:35	......	12:02	......
Queens Village	8:11	......	8:33	......	......	9:11	......	9:33	......	......	10:11	......	10:33	......	......	11:11	......	11:38	......	12:05	......
Elmont- UBS Arena	8:13	8:31	8:36	9:01	9:07	9:13	9:31	9:36	10:01	10:07	10:13	10:31	10:36	10:55	11:07	11:13	11:31	11:41	12:01	12:07	12:11
Bellerose	8:15	......	......	......	......	9:15	......	......	......	......	10:15	......	......	......	......	11:15	......	......	......	12:09	......
Floral Park	8:17	......	8:39	......	......	9:17	......	9:39	......	......	10:17	......	10:39	......	......	11:17	......	11:44	......	12:11	......
Stewart Manor	8:20	......	......	......	......	9:20	......	......	......	......	10:20	......	......	......	......	11:20	......	......	......	12:14	......
Nassau Boulevard	8:23	......	......	......	......	9:23	......	......	......	......	10:23	......	......	......	......	11:23	......	......	......	12:17	......
Garden City	8:26	......	......	......	......	9:26	......	......	......	......	10:26	......	......	......	......	11:26	......	......	......	12:19	......
Country Life Press	8:29	......	......	......	......	9:29	......	......	......	......	10:29	......	......	......	......	11:29	......	......	......	12:22	......
HEMPSTEAD	8:33	......	......	......	......	9:33	......	......	......	......	10:33	......	......	......	......	11:33	......	......	......	12:26	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM
Train #	6766	8068	7568	7968	7668	6768	8070	7570	7970	7670	6770	8072	7572	7972	7672	6772	8074	7574	7974	6774	7674

Saturday, Sunday and Holidays, Effective May 20 - September 2, 2024

Westbound

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Sunday Only	Sunday Only		Sunday Only																	
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
HEMPSTEAD	......	......	12:14	......	......	......	1:04	......	1:57	......	3:58	......	5:04	6:05	......	7:01	......	8:01	......	9:01	......
Country Life Press	......	......	12:16	......	......	......	1:07	......	2:00	......	4:01	......	5:07	6:08	......	7:04	......	8:04	......	9:04	......
Garden City	......	......	12:20	......	......	......	1:10	......	2:03	......	4:04	......	5:10	6:11	......	7:07	......	8:07	......	9:07	......
Nassau Boulevard	......	......	12:23	......	......	......	1:12	......	2:05	......	4:06	......	5:12	6:13	......	7:09	......	8:09	......	9:09	......
Stewart Manor	......	......	12:26	......	......	......	1:15	......	2:08	......	4:09	......	5:15	6:16	......	7:12	......	8:12	......	9:12	......
Floral Park	......	......	12:29	......	1:01	......	1:18	......	2:11	......	4:12	......	5:18	6:19	6:54	7:15	7:53	8:15	8:53	9:15	9:53
Bellerose	......	......	12:31	......	......	......	1:20	......	2:13	......	4:14	......	5:20	6:21	......	7:17	......	8:17	......	9:17	......
Elmont-UBS Arena	12:12	12:29	12:33	12:48	1:03	1:11	1:22	1:33	2:15	2:32	4:16	4:31	5:22	6:23	6:56	7:19	7:55	8:19	8:55	9:19	9:55
Queens Village	......	......	12:36	......	1:05	......	1:25	1:35	2:18	2:34	4:19	4:33	5:25	6:26	6:58	7:22	7:57	8:22	8:57	9:22	9:57
Hollis	......	......	12:39	......	1:07	......	1:28	1:37	2:21	2:36	4:22	4:35	5:28	6:29	7:00	7:25	7:59	8:25	8:59	9:25	9:59
JAMAICA (Arrive)	12:23	12:39	12:45	12:59	1:14	1:22	1:35	1:44	2:28	2:43	4:29	4:42	5:35	6:36	7:07	7:32	8:06	8:32	9:06	9:32	10:06
JAMAICA (Leave)	12:24	12:40	12:46	1:00	1:15	1:23	1:36	1:45	2:29	2:44	4:30	4:43	5:36	6:37	7:08	7:33	8:08	8:33	9:08	9:33	10:08
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	12:28	......	......	1:04	......	......	1:40	......	......	......	......	4:47	......	......	......	......	......	......	......	......	......
Forest Hills	12:30	......	......	1:06	......	......	1:42	......	......	......	......	4:49	......	......	......	......	......	......	......	......	......
Woodside	......	12:49	......	......	......	1:31	......	1:54	......	......	4:38	......	......	......	7:17	......	8:17	......	9:17	......	10:17
GRAND CENTRAL	......	1:01	1:06	1:21	......	......	1:56	......	......	......	......	......	5:55	6:56	......	7:52	......	8:52	......	9:52	......
PENN STATION	12:44	......	......	......	1:34	1:42	......	2:04	2:48	3:02	4:49	5:02	......	......	7:28	......	8:28	......	9:28	......	10:28
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	7975	7675	6701	8075	7501	7901	6703	7503	6705	7505	6709	7507	6711	6713	7511	6715	7513	6717	7515	6719	7517

For explanation, see "Reference Notes."																					
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	10:01	......	......	......	......	11:01	......	......	......	......	12:01	......	......	......	......	1:01	......	......	......	......
Country Life Press	......	10:04	......	......	......	......	11:04	......	......	......	......	12:04	......	......	......	......	1:04	......	......	......	......
Garden City	......	10:07	......	......	......	......	11:07	......	......	......	......	12:07	......	......	......	......	1:07	......	......	......	......
Nassau Boulevard	......	10:09	......	......	......	......	11:09	......	......	......	......	12:09	......	......	......	......	1:09	......	......	......	......
Stewart Manor	......	10:12	......	......	......	......	11:12	......	......	......	......	12:12	......	......	......	......	1:12	......	......	......	......
Floral Park	......	10:15	......	......	10:53	......	11:15	......	......	11:53	......	12:15	......	......	12:53	......	1:15	......	......	1:53	......
Bellerose	......	10:17	......	......	......	......	11:17	......	......	......	......	12:17	......	......	......	......	1:17	......	......	......	......
Elmont-UBS Arena	10:09	10:19	10:31	10:44	10:55	11:09	11:19	11:31	11:44	11:55	12:09	12:19	12:31	12:44	12:55	1:09	1:19	1:31	1:44	1:55	2:09
Queens Village	......	10:22	......	......	10:57	......	11:22	......	......	11:57	......	12:22	......	......	12:57	......	1:22	......	......	1:57	......
Hollis	......	10:25	......	......	10:59	......	11:25	......	......	11:59	......	12:25	......	......	12:59	......	1:25	......	......	1:59	......
JAMAICA (Arrive)	10:20	10:32	10:41	10:55	11:06	11:20	11:32	11:42	11:55	12:06	12:20	12:32	12:41	12:55	1:06	1:20	1:32	1:41	1:55	2:06	2:20
JAMAICA (Leave)	10:21	10:33	10:46	10:56	11:08	11:21	11:33	11:43	11:56	12:08	12:21	12:33	12:46	12:56	1:08	1:21	1:33	1:46	1:56	2:08	2:21
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	10:25	......	......	11:00	......	11:25	......	......	12:00	......	12:25	......	......	1:00	......	1:25	......	......	2:00	......	2:25
Forest Hills	10:27	......	......	11:02	......	11:27	......	......	12:02	......	12:27	......	......	1:02	......	1:27	......	......	2:02	......	2:27
Woodside	......	......	10:53	......	11:17	......	......	11:50	......	12:17	......	......	12:53	......	1:17	......	......	1:53	......	2:17	......
GRAND CENTRAL	......	10:52	11:05	11:17	......	......	11:52	12:01	12:17	......	......	12:52	1:05	1:17	......	......	1:52	2:05	2:17	......	......
PENN STATION	10:42	......	......	......	11:28	11:42	......	......	......	12:28	12:42	......	......	......	1:28	1:42	......	......	......	2:28	2:42
	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7915	6721	7615	8017	7519	7917	6723	7617	8019	7521	7919	6725	7619	8021	7551	7951	6751	7651	8051	7553	7953

For explanation, see "Reference Notes."																	
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	2:01	......	......	......	......	3:01	......	......	......	......	4:01	......	......	......	......	5:01	......
Country Life Press	2:04	......	......	......	......	3:04	......	......	......	......	4:04	......	......	......	......	5:04	......
Garden City	2:07	......	......	......	......	3:07	......	......	......	......	4:07	......	......	......	......	5:07	......
Nassau Boulevard	2:09	......	......	......	......	3:09	......	......	......	......	4:09	......	......	......	......	5:09	......
Stewart Manor	2:12	......	......	......	......	3:12	......	......	......	......	4:12	......	......	......	......	5:12	......
Floral Park	2:15	......	......	2:53	......	3:15	......	......	3:53	......	4:15	......	......	4:53	......	5:15	......
Bellerose	2:17	......	......	......	......	3:17	......	......	......	......	4:17	......	......	......	......	5:17	......
Elmont-UBS Arena	2:19	2:31	2:44	2:55	3:09	3:19	3:31	3:44	3:55	4:09	4:19	4:31	4:44	4:55	5:09	5:19	5:31
Queens Village	2:22	......	......	2:57	......	3:22	......	......	3:57	......	4:22	......	......	4:57	......	5:22	......
Hollis	2:25	......	......	2:59	......	3:25	......	......	3:59	......	4:25	......	......	4:59	......	5:25	......
JAMAICA (Arrive)	2:32	2:41	2:55	3:06	3:20	3:32	3:41	3:55	4:06	4:20	4:32	4:41	4:55	5:06	5:20	5:32	5:41
JAMAICA (Leave)	2:33	2:46	2:56	3:08	3:21	3:33	3:46	3:56	4:08	4:21	4:33	4:46	4:56	5:08	5:21	5:33	5:46
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	3:00	......	3:25	......	......	4:00	......	4:25	......	......	5:00	......	5:25	......	......
Forest Hills	......	......	3:02	......	3:27	......	......	4:02	......	4:27	......	......	5:02	......	5:27	......	......
Woodside	......	2:53	......	3:17	......	......	3:53	......	4:17	......	......	4:53	......	5:17	......	......	5:53
GRAND CENTRAL	2:52	3:05	3:17	......	......	3:52	4:05	4:17	......	......	4:52	5:05	5:17	......	......	5:52	6:05
PENN STATION	......	......	......	3:28	3:42	......	......	......	4:28	4:42	......	......	......	5:28	5:42	......	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	6753	7653	8053	7555	7955	6755	7655	8055	7557	7957	6757	7657	8057	7559	7959	6759	7661

For explanation, see "Reference Notes."																									
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	......	6:01	......	......	......	......	7:01	......	......	......	......	8:01	......	......	......	9:01	......	10:00	......	......	......	11:01	......
Country Life Press	......	......	......	6:04	......	......	......	......	7:04	......	......	......	......	8:04	......	......	......	9:04	......	10:03	......	......	......	11:04	......
Garden City	......	......	......	6:07	......	......	......	......	7:07	......	......	......	......	8:07	......	......	......	9:07	......	10:06	......	......	......	11:07	......
Nassau Boulevard	......	......	......	6:09	......	......	......	......	7:09	......	......	......	......	8:09	......	......	......	9:09	......	10:08	......	......	......	11:09	......
Stewart Manor	......	......	......	6:12	......	......	......	......	7:12	......	......	......	......	8:12	......	......	......	9:12	......	10:11	......	......	......	11:12	......
Floral Park	......	5:53	......	6:15	......	......	6:53	......	7:15	......	......	7:58	......	8:15	......	......	8:53	9:15	9:53	10:14	......	......	10:53	11:15	11:53
Bellerose	......	......	......	6:17	......	......	......	......	7:17	......	......	......	......	8:17	......	......	......	9:17	......	10:16	......	......	......	11:17	......
Elmont-UBS Arena	5:45	5:55	6:09	6:19	6:31	6:45	6:55	7:09	7:19	7:31	7:44	8:00	8:09	8:19	8:31	8:44	8:55	9:19	9:55	10:18	10:30	10:46	10:55	11:19	11:55
Queens Village	......	5:57	......	6:22	......	......	6:57	......	7:22	......	......	8:02	......	8:22	......	......	8:57	9:22	9:57	10:21	......	......	10:57	11:22	11:57
Hollis	......	5:59	......	6:25	......	......	6:59	......	7:25	......	......	8:04	......	8:25	......	......	8:59	9:25	9:59	10:24	......	......	10:59	11:25	11:59
JAMAICA (Arrive)	5:56	6:06	6:20	6:32	6:41	6:56	7:06	7:20	7:32	7:41	7:55	8:10	8:20	8:32	8:41	8:55	9:06	9:32	10:06	10:31	10:41	10:55	11:06	11:32	12:06
JAMAICA (Leave)	5:57	6:08	6:21	6:33	6:46	6:57	7:08	7:21	7:33	7:46	7:56	8:11	8:21	8:33	8:46	8:56	9:08	9:33	10:08	10:32	10:46	10:56	11:08	11:33	12:08
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	6:01	......	6:25	......	......	7:01	......	7:25	......	......	8:00	......	8:25	......	......	9:00	......	......	......	......	......	11:00	......	......	......
Forest Hills	6:03	......	6:27	......	......	7:03	......	7:27	......	......	8:02	......	8:27	......	......	9:02	......	......	......	......	......	11:02	......	......	......
Woodside	......	6:17	......	......	6:53	......	7:17	......	......	7:53	......	8:20	......	......	8:53	......	9:17	......	10:17	......	10:56	......	11:17	......	12:17
GRAND CENTRAL	6:17	......	......	6:52	7:05	7:17	......	......	7:52	8:05	8:17	......	......	8:52	9:05	9:17	......	9:52	......	10:51	11:07	11:17	......	11:52	......
PENN STATION	......	6:28	6:42	......	......	......	7:28	7:42	......	......	......	8:31	8:42	......	......	......	9:28	......	10:27	......	......	......	11:27	......	12:27
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Train #	8061	7563	7963	6763	7663	8063	7565	7965	6765	7665	8065	7567	7967	6767	7667	8067	7569	6769	7571	6771	7671	8071	7573	6773	7575

Customer Service Center

Long Island Rail Road Schedule & Fare Info: .... **www.mta.info**
24-hour automated Schedule & Fare information

Call: 511 (Say "LIRR" at anytime)

Deaf/Hard of Hearing Customers:
Use your preferred relay service provider or the free **711** relay to reach 511

NYC SUBWAY AND BUS
MTA New York City Transit, MTA Bus............................511

BUS SERVICES:
Nassau Inter-County Express..(516) 336-6600
Suffolk County Transit (Suffolk County Buses)...............(631) 852-5200
HART (Huntington Area Rapid Transit) ....(631) HART-BUS
City of Long Beach Buses ....(516) 431-4445

RAILROADS:
Metro-North Railroad (New York City)...........................511
New Jersey Transit..(973) 275-5555
PATH (Port Authority Trans Hudson)..............................(800) 234-PATH
AMTRAK..(800) USA-RAIL

FERRY SERVICES:
Port Jefferson-Bridgeport Ferry.....................................(631) 473-0286

VISITORS AND TOURISM:
Long Island Convention & Visitors Bureau.....................(877) FUN-ON-LI

Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only...911
MTA Police ....(212) 878-1001
MTA Inspector General Hotline ....(800) MTA-IG4U

Call 511 and say "LIRR", then:

DEPARTMENT		HOURS
Schedule Information	Say "Schedules"	24/7
Fare Information	Say "Fares"	24/7
Mobile Ticketing	Say "Mobile Ticketing"	Daily, 6AM – 10 PM
Mail&Ride	Say "Mail and Ride"	Daily, 6AM – 10 PM
Group Travel and Getaways	Say "Group Travel"	M-F, 8 AM-4 PM
Lost & Found	Say "Lost & Found"	Daily, 6 AM – 10 PM
Refunds	Say "More Options" - "Ticket Refunds"	Daily, 6 AM – 10 PM
Ticket Machine Assistance	Say "More Options" - "Ticket Machines"	M-F, 6:30 AM-3:30 PM
Hamptons Reserve Service	Say "More Options" - "Hamptons Reserve"	Seasonal: May-Sept.
Comments & Concerns	Say "More Options" - "Public Affairs"	Daily, 6 AM - 10 PM
Corporate Offices or All Other Business	Say "More Options" - "Corporate Directory"	M-F, 9 AM-5 PM

MTA Long Island Rail Road
Jamaica Station
Jamaica, NY 11435

Title VI Statement

The LIRR is committed to ensuring that no person is excluded from participation in, denied the benefits of, or otherwise subjected to, discrimination in our programs, services, or activities on the basis of race, color, or national origin (including limited English proficiency) as protected by Title VI of the Civil Rights Act of 1964, and age, sex, disability, or religion as protected by other Federal Transit Laws, (49 U.S.C. § 5332). For more information or to file a complaint, visit www.mta.info/transparency/title-vi/notice-to-public or contact MTA Long Island Rail Road, Diversity and Equal Opportunity Division, 93-02 Sutphin Boulevard, Jamaica, NY 11435, (718)558-7351.

A complainant may also file a complaint directly with the U.S. Department of Transportation, Federal Transit Administration, Office of Civil Rights Complaint Team, East Building, 5th Floor—TCR, 1200 New Jersey Ave. SE, Washington, DC 20590

Responsibility

Assaulting MTA Long Island Rail Road Train Crew Members is a felony punishable by up to **7** years in prison.
New York State Penal Code 120.05

The Long Island Rail Road cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections or for changes in or shortage of equipment. The sale of any ticket includes no assurance of a seat on a particular train. The schedules shown in this timetable are subject to change without notice.

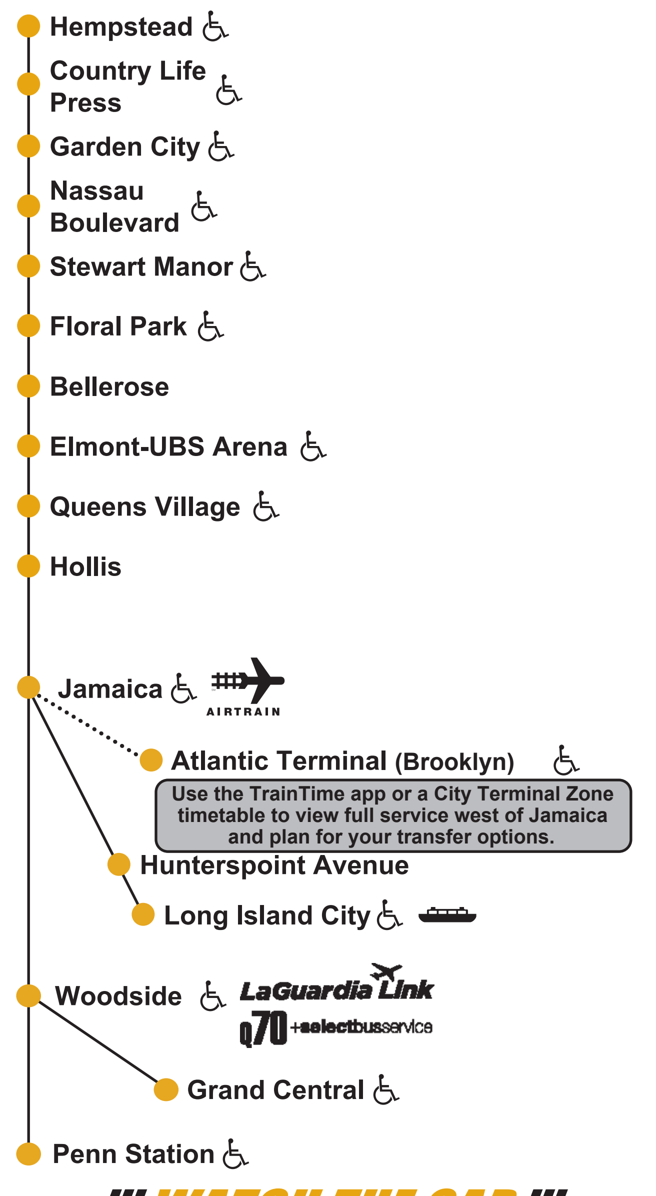
MTA Long Island Rail Road

Effective May 20 - September 2, 2024

Hempstead

Branch Timetable

www.mta.info



/// WATCH THE GAP ///

Monday through Friday except Holidays, Effective May 20 - September 2, 2024

Eastbound

To Hempstead

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

| For explanation, see "Reference Notes." | AM | AM | AM