



Monday through Friday except Holidays, Effective March 21 - May 22, 2022

Eastbound

To Babylon

Weekdays

Table with columns for stations (PENN STATION, Woodside, Forest Hills, Kew Gardens, HUNTERSPOINT AVE., ATLANTIC TERMINAL, Nostrand Avenue, East New York, JAMAICA (Arrive), JAMAICA (Leave), Lynbrook (Note), Rockville Centre, Baldwin, Freeport, Merrick, Bellmore, Wantagh, Seaford, Massapequa, Massapequa Park, Amityville, Copiague, Lindenhurst, BABYLON) and times for various train services.

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Monday through Friday except Holidays, Effective March 21 - May 22, 2022

Westbound

To New York, Brooklyn & Jamaica

Weekdays

Table with columns for stations (BABYLON, Lindenhurst, Copiague, Amityville, Massapequa Park, Massapequa, Seaford, Wantagh, Bellmore, Merrick, Freeport, Baldwin, Rockville Centre, Lynbrook (Note), JAMAICA (Arrive), JAMAICA (Leave), East New York, Nostrand Avenue, ATLANTIC TERMINAL, HUNTERSPOINT AVE., Kew Gardens, Forest Hills, Woodside, PENN STATION) and times for various train services.

Table with columns for stations (BABYLON, Lindenhurst, Copiague, Amityville, Massapequa Park, Massapequa, Seaford, Wantagh, Bellmore, Merrick, Freeport, Baldwin, Rockville Centre, Lynbrook (Note), JAMAICA (Arrive), JAMAICA (Leave), East New York, Nostrand Avenue, ATLANTIC TERMINAL, HUNTERSPOINT AVE., Kew Gardens, Forest Hills, Woodside, PENN STATION) and times for various train services.

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Reference Notes: Change at Jamaica. The track of your connecting train will be announced. Note 1: Bicycles are NOT permitted on Peak trains (PM Peak restriction effective at 3:00 PM). Bicycles will not be permitted on the following holidays: New Year's Eve/Day, St. Patrick's Day, Mother's Day, Good Friday, Easter Sunday, Memorial Day and the Friday before, Independence Day/weekday before/designated Federal Day off, Labor Day and the Friday before, Columbus Day, Rosh Hashanah/Eve, Yom Kippur Eve, Thanksgiving Eve/Day & the day after, Christmas Eve/Day. Bicycles are also restricted during trackwork/busing programs; major NYC parades; special events (Belmont and Mets-Willies Point trains, US Golf Open), and/or other occasions expected to generate higher-than-usual levels of ridership. Also, certain Branch-specific restrictions apply during the summer season. Please visit the LIRR's Bicycle Policy Information webpage (www.mta.info) for complete and current details before planning your trip. \*Restriction periods may vary depending on day of week holiday occurs; consult the MTA website for annual specifics.

Table with columns for stations (Notes, Jamaica, HP Ave., LI City, Train #) and times for Morning Service, Afternoon and Evening Service.

Station Services: Connecting Transportation

Table with columns for station, fare zone, and connecting transportation options (MTA, LaGuardia Link, A.C. Transit, etc.)