WEEKDAYS FROM ULSTER VIA POUGHKEEPSIE TO GRAND CENTRAL TERMINAL

AM Light Face, **PM Bold Face**

	AM				PM			
Rosendale *Park & Ride*	5 30	—	—	—	**2 30**	—	—	—
New Paltz/Route 32 *Across from Stewart's*	5 40	6 45	8 45	10 45	**2 45**	**4 45**	**6 45**	**8 45**
SUNY Campus *Transit Hub*	—	6 50	8 50	10 50	**2 50**	**4 50**	**6 50**	**8 50**
Highland/Route 299 & 9W *Park & Ride*	5 55	7 05	9 05	11 05	**3 05**	**5 05**	**7 05**	**9 05**
Poughkeepsie Station	6 10	7 35	9 35	11 35	**3 35**	**5 35**	**7 35**	**9 35**
Poughkeepsie *Main & Market*	x	x	x	x	x	x	x	x
Poughkeepsie Station	6 20	8 00	9 45	11 45	**3 53**	**5 53**	**7 53**	**9 48**
Grand Central Terminal	8 07	9 44	11 37	**1 37**	**5 44**	**7 42**	**9 42**	**12 07**

x **Poughkeepsie Main Street & Market customers:** *Buses will stop at Main & Market after stopping at Poughkeepsie Station*
c *Bus change required*

WEEKENDS VIA POUGHKEEPSIE TO GRAND CENTRAL

AM Light Face, **PM Bold Face** — Saturday Only / Sunday Only

	Sunday Only	Saturday Only	Sunday Only	Sat. Only	Sunday Only	Sat. Only	Sunday Only	Sat. Only
Rosendale *Park & Ride*	7 55	8 45	—	—	**—**	**1 20**	**—**	**—**
New Paltz/Route 32 *Across from Stewart's*	8 05	9 00	10 30	—	**12 45**	**1 40**	**2 45**	**4 45**
SUNY Campus *Transit Hub*	8 10	9 05	10 35	—	**12 50**	**1 45**	**2 50**	**4 50**
Kingston Plaza *Hannaford*	—	—	—	10 30	**—**	**—**	**—**	**4 10**
Kingston Hospital *Broadway*	—	—	—	10 35	**—**	**—**	**—**	**4 15**
Police Station *Garraghan Dr*	—	—	—	10 40	**—**	**—**	**4 20**	
BOCES *Port Ewen & 9W*	—	—	—	10 50	**—**	**—**	**4 30**	**—**
Highland *Park & Ride*	8 25	9 20	10 50	11 05	**1 05**	**2 00**	**3 05**	**4 45** 5 05
Poughkeepsie Station	8 45	9 40	11 10	11 20	**1 25**	**2 15**	**3 25**	**5 00** 5 25
Poughkeepsie *Main & Market*	8 50	x	x	11 25	**x**	**2 20**	**x**	**—** x
Poughkeepsie Station	8 52	9 52	11 52	11 52	**1 52**	**2 45**	**3 46**	**5 50** 5 50
Grand Central Terminal	10 49	11 49	1 49	**1 49**	**3 49**	**4 46**	**5 49**	**7 53** 7 53

HOLIDAY SCHEDULE

Buses only, see Metro-North timetable for rail service.

Saturdays & Sundays: No Service

Labor Day (9/6)	No Service	Christmas (12/25)	No Service
Columbus Day (10/11)	Saturday Schedule	New Year's Eve *(New Year's Observed)* (12/31)	No Service
Veterans Day (11/11)	Saturday Schedule		
Thanksgiving Day (11/25)	No Service	**2022**	
Day after Thanksgiving (11/26)	Saturday Schedule	New Year's Day (1/1)	No Service
Christmas Eve Day *(Christmas Observed)* (12/24)	No Service	Martin Luther. King Jr. Day (1/17)	Sunday Schedule
		Presidents' Day (2/21)	No Service

WEEKDAYS FROM GRAND CENTRAL VIA POUGHKEEPSIE TO ULSTER

AM Light Face, **PM Bold Face**

	AM				PM			
Grand Central Terminal	—	—	7 39	9 43	**1 43**	**3 48**	**5 54**	**7 53**
Poughkeepsie Station	—	—	9 35	11 38	**3 38**	**5 39**	**7 39**	**9 39**
Poughkeepsie Station	6 15	8 00	10 00	**12 00**	**4 00**	**6 00**	**8 00**	**9 50**
Poughkeepsie *Main & Market*	6 20	8 05	10 05	**12 05**	**4 05**	**6 05**	**8 05**	—
Highland/Route 299 & 9W *Park & Ride*	6 30	8 15	10 15	**12 15**	**4 15**	**6 15**	**8 15**	**10 00**
SUNY Campus *Transit Hub*	-	8 30	10 30	**12 30**	**4 30**	**6 30**	**8 30**	—
New Paltz/Route 32 *At Stewart's*	6 45	8 35	10 35	**12 35**	**4 35**	**6 35**	**8 35**	**10 15**
Rosendale *Park & Ride*	—	—	—	**12 45**	—	—	—	**10 25**

c *Bus change required.*   + *Buses will wait at Poughkeepsie for the train in the event of a train delay on the two final trips on weekdays and the final trip on weekends.*

WEEKENDS VIA POUGHKEEPSIE TO ULSTER

AM Light Face, **PM Bold Face** — Saturday Only / Sunday Only

	Sunday Only	Sat. Only	Sunday Only	Saturday Only	Sunday Only	Sat. Only	Sunday Only	Sat. Only
Grand Central Terminal	6 45	7 45	9 45	9 45	11 45	**12 45**	**1 45**	**2 45** 3 45
Poughkeepsie Station	8 48	9 48	11 48	11 48	**1 42**	**2 52**	**3 42**	**4 42** 5 42
Poughkeepsie Station	9 00	10 00	**12 00**	**12 00**	**2 00**	**3 00**	**4 00**	**5 00** 5 50
Poughkeepsie *Main & Market*	9 05	—	**—**	**12 05**	**2 05**	**3 05**	**4 05**	**—** —
Highland *Park & Ride*	9 15	10 15	**12 15**	**12 20**	**2 20**	**3 15**	**4 20**	**5 15** 6 05
BOCES *Port Ewen & 9W*	9 30	—	**—**	**—**	**—**	**3 30**	**—**	**—** —
Police Station *Garraghan Dr*	9 35	—	**—**	**—**	**—**	**3 35**	**—**	**—** —
Kingston Hospital *Broadway*	9 45	—	**—**	**—**	**—**	**3 45**	**—**	**—** —
Kingston Plaza *Hannaford*	—	—	**12 30**	**—**	**—**	**—**	**—**	**5 30** —
SUNY Campus *Transit Hub*	—	—	**12 35**	**12 35**	**2 35**	**—**	**4 35**	**5 35** —
New Paltz/Route 32 *At Stewart's*	—	10 30	**12 37**	**12 40**	**2 40**	**—**	**4 40**	**5 37** 6 20
Rosendale *Park & Ride*	10 00	—	**1 00**	**—**	**—**	**4 00**	**—**	**6 00** 6 30

- **Monthly UniTicket:**........................$561.00*
  - Combination bus/rail monthly
  - Unlimited travel on bus/rail
  - Good seven days per week

- **Weekly UniTicket:**.........................$178.75*
  - Combination bus/rail weekly
  - Unlimited travel on bus/rail
  - Good Saturday through Friday

- **Bus Fare:**
  - Rosendale-Poughkeepsie One-way..$2.00
  - New Paltz-Poughkeepsie One-way ..$2.00
  - Highland-Poughkeepsie One-way $2.00
  - Senior/Disabled..................................$1.00**
    Other discount fares available, please call UCAT.

- **Rail Fares♦:**
  - One-way Peak.................................$25.75
  - One-way Off-peak...........................$19.25
  - One-way Child *(ages 5-11)* $1.00***
  - Senior/Disabled..............................$12.75**
  - Monthly Commutation...................$521.00
  - Weekly Commutation....................$166.75
  - Ten Trip Peak $257.50
  - Ten Trip Off-peak $163.75

* *Purchased with Metro-North monthly or weekly rail ticket only. UniTickets can only be purchased at ticket vending machines or ticket offices*

** *Seniors, Persons with Disabilities and Medicare recipients may ride bus 1/2 fare during the hours of 9 AM – 3 PM. A valid Medicare card should be presented upon request when boarding.*

  - *Senior Citizen Identification: Medicare card or driver's license.*

  - *Person with Disability Identification: Medicare card or disabled identification card issued by MTA or New York City.*

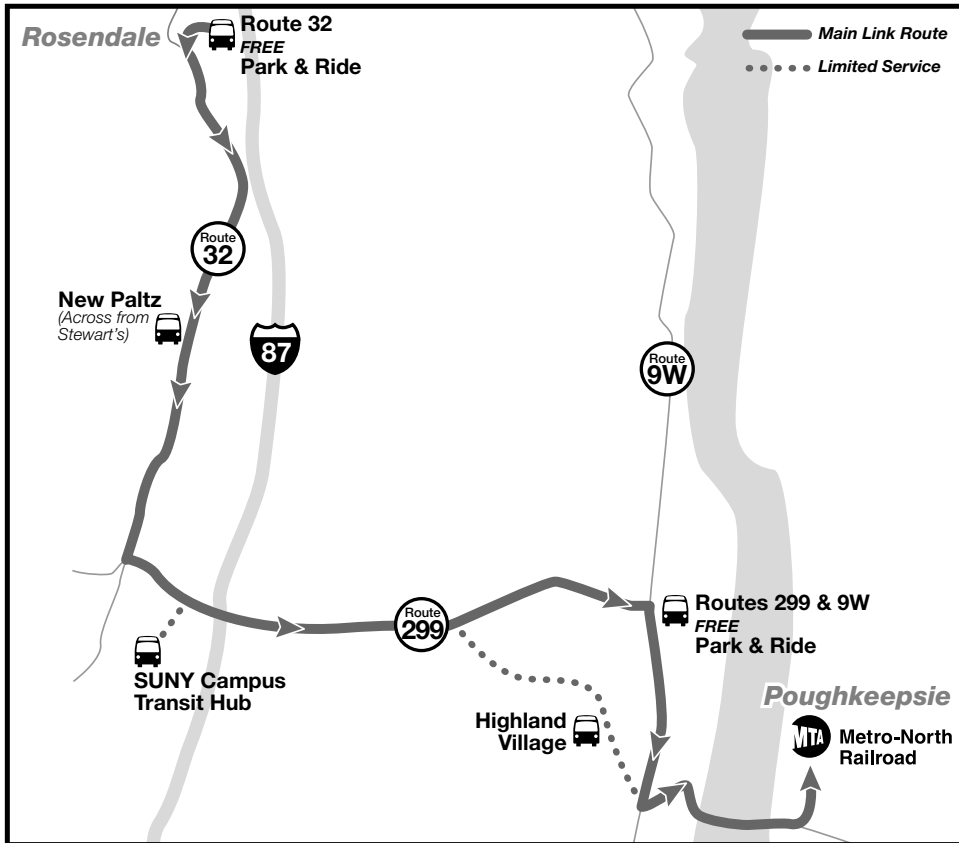*** *Family fare. Restrictions apply.*

♦ *Fares effective April 21, 2019. Subject to change. Please purchase tickets before boarding. On-board rail fares are higher.*

RESPONSIBILITY: Metro-North Railroad and UCAT cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections, or for changes in or shortage of equipment. The schedules, equipment, and fares in this timetable are subject to change without notice.

MTA Metro-North Railroad is committed to providing non-discriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color, national origin or income as protected by Title VI of the Civil Rights Act of 1964.

For more information visit www.mta.info or contact: Department of Employee Relations & Diversity, 420 Lexington Avenue, 12th Floor, New York, NY 10170 or call 511.

Complaints may also be directed to: U.S. Department of Transportation Federal Transit Administration Office of Civil Rights, Attention: Complaint Team, East Building 5th Floor—TCR, 1200 New Jersey Ave. SE, Washington, DC 20590

The Ulster-Poughkeepsie LINK is operated by Ulster County Area Transit – UCAT– under contract with the New York State Department of Transportation and in cooperation with Metro-North Railroad.

Telephone Information

MTA Metro-North Railroad

Schedules, fares, and Senior Citizen/Disabled accessibility 511

*Deaf/Hard of Hearing –
Use your preferred relay service provider or the free 711 relay to reach* 511

Tickets and Fares brochure available at all ticket offices, Grand Central Terminal, and online at **www.mta.info**.

MTA New York City Transit

New York City:...511

Amtrak .... (800) USA-RAIL
(800) 872-7245

MTA Police: (212) 878-1001

Police Emergency Only: (888) MTA-911PD or (888) 682-9117

UCAT *(Ulster County Area Transit)*

Information ....(888) 827-UCAT
(888) 827-(8228)
General Office........................... (845) 334-8458
  Monday – Friday ....5:00 AM – 11:00 PM
  Saturday – Sunday ....7:40 AM – 7:00 PM

Effective August 29, 2021

The Ulster-Poughkeepsie LINK and MTA Metro-North Railroad

For service between **Ulster County, NY** and **Grand Central Terminal** *(via Metro-North's Poughkeepsie Station)*

Ulster-Poughkeepsie LINK Operated by UCAT *(Ulster County Area Transit)*

Metro-North Railroad

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Ulster-Poughkeepsie LINK

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08/21