

# New Haven Line

As of April 7, 2024

Grand Central New York City	Fordham Mt. Vernon East	Larchmont Mamaroneck	Greenwich Cos Cob	Stamford Noroton Hgts	South Norwalk East Norwalk	Westport Greens Farms	Bridgeport Milford	Stratford Milford	West Haven New Haven
Harlem – 125th St	Pelham New Rochelle	Harrison Rye Port Chester	Riverside Old Greenwich	Darien Rowayton		Southport Fairfield Fairfield – Black Rock			New Haven – State St

## Schedule Links

### Monday – Friday

[To Grand Central AM Peak & Mornings](#) 4 AM – 12 Noon

[To Grand Central Afternoons, & Nights](#) 12 Noon – 12 Midnight

[To New Haven Mornings](#) 5 AM – 12 Noon

[To New Haven Afternoons](#) 12 Noon – 4 PM

[To New Haven PM Peak & Nights](#) 4 PM – 2 AM

### Saturday & Sunday

[To Grand Central](#)

[To New Haven](#)

## Other New Haven Line PDFs

[New Canaan Branch Schedule](#)

[Danbury Branch Schedule](#)

[Waterbury Branch Schedule](#)

## Download the TrainTime App



## Key

- A** – [Amtrak](#) connection.
- C** – **Change trains** to continue your trip.
- D** – **Discharges** customers only.
- H** – Stops primarily to discharge customers. Train may depart up to **5 minutes earlier** than the time shown.
- R** – **Receives** customers only.
- **UniTicket** (combined monthly rail/bus ticket) is available for bus service between train station and residential area or worksites.
- [Airport connecting service.](#)
- **Full ADA access** for persons with disabilities.
- **Wheelchair access only.** Please call 511 or visit [mta.info](#) for accessibility details for this station

## See information on [ADA accommodations](#)

**Useful links**  
[mta.info/mnr](#) [mta.info/schedules](#) [mta.info](#)

<b>2024 Holidays</b> .....	<b>Schedule</b>
1/1 New Year's Day .....	<b>Special</b>
1/15 M.L.King Jr. Day .....	Saturday + Extras
2/19 Presidents Day .....	Saturday
5/27 Memorial Day .....	<b>Sunday</b>
7/4 Independence Day .....	<b>Sunday</b>
9/2 Labor Day .....	<b>Sunday</b>
11/28 Thanksgiving Day .....	<b>Special</b>
11/29 Friday after Thanksgiving .....	Saturday + Extras
12/24 Christmas Eve .....	<b>Friday</b>
12/25 Christmas Day .....	Hourly
12/31 New Year's Eve .....	<b>Special</b>

## General Info

### Peak tickets are required on trains that:

- Arrive at Grand Central on weekdays between 6 AM – 10 AM
- Depart from Grand Central on weekdays between 6 AM – 9 AM and between 4 PM – 8 PM

### Reduced fares

#### Not available on inbound AM Peak trains.

- Senior (65+)/People with Disabilities and Medicare customers will be charged full fare.

Half fares are available on all other trains.

- Senior (65+)/People with Disabilities and Medicare customers **must present proper ID. See details**

### Bicycles

Visit our website at [mta.info](#) for our [full bike policy.](#)

- **Bicycles NOT permitted** on:
  - inbound AM peak trains
  - on trains with the NO BIKE symbol
  - outbound PM peak trains
  - or on some holidays

### Weekday off-peak trains

unless noted allow a maximum 4 bicycles per train: no more than 2 bicycles per car.

### Weekend off-peak trains

allow a maximum 8 bicycles per train: no more than 2 bicycles per car.

- **“Bike Train”** a maximum of 15 bicycles are permitted on trains marked with this symbol.

- **New York State Law prohibits smoking and vaping on all MTA Metro-North Railroad property** at all times. Including, but not limited to all trains; stations; terminals; platforms; ticketing, waiting, and boarding areas; elevators; and staircases.

### More Details on:

[Ticket Information](#) [Contact Information](#) [Connecting Services](#)

Table showing train routes to New York (MILES TO NEW YORK) for various stations (e.g., New Haven, West Haven, Milford, Stratford, Bridgeport, Fairfield-Black Rock, Fairfield, Southport, Green's Farms, Westport, East Norwalk, South Norwalk, Rowayton, Darien, Noroton Heights, Stamford, Old Greenwich, Riverside, Cos Cob, Greenwich, Port Chester, Rye, Harrison, Mamaroneck, Larchmont, New Rochelle, Pelham, Mount Vernon East, Fordham, Harlem-125th St., Grand Central) with departure times for OFF-PEAK and AM PEAK. Includes a header for SENIOR/DISABLED/MEDICARE FARE NOT VALID ON INBOUND PEAK TRAINS and (BICYCLES NOT PERMITTED ON).

Table showing train routes to New York (MILES TO NEW YORK) for various stations (e.g., New Haven, West Haven, Milford, Stratford, Bridgeport, Fairfield-Black Rock, Fairfield, Southport, Green's Farms, Westport, East Norwalk, South Norwalk, Rowayton, Darien, Noroton Heights, Stamford, Old Greenwich, Riverside, Cos Cob, Greenwich, Port Chester, Rye, Harrison, Mamaroneck, Larchmont, New Rochelle, Pelham, Mount Vernon East, Fordham, Harlem-125th St., Grand Central) with departure times for INBOUND AM PEAK TRAINS and OFF-PEAK. Includes a header for INBOUND AM PEAK TRAINS and OFF-PEAK.

Main schedule table for TO NEW YORK routes, including station names, train types, and departure times for various line numbers.

OFF-PEAK schedule table for TO NEW YORK routes, including station names, train types, and departure times for various line numbers.

MILES	TO NEW HAVEN	OFF-PEAK				AM PEAK										OFF-PEAK															
		1402	1404	1504	1306	1506	1406	1408	1308	1508	1710	1510	1410	1310	1512	1712	1312	1514	1314	1516	1316	1416	1318	1518	1320	1520	1322	1522	1324	1524	1326
0	Grand Central	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
4	Harlem-125th St.	R 5 38	R 5 59	R 6 06	R 6 26	R 6 31	R 6 45	R 6 48	R 7 05	R 7 14	R 7 40	R 7 45	R 7 52	R 8 12	R 8 16	R 8 20	R 8 38	R 8 41	R 9 15	R 9 18	R 9 45	R 9 48	R 10 14	R 10 17	R 10 44	R 10 47	R 11 14	R 11 17	R 11 44	R 11 47	
9	Fordham (E. 190th)	5 46	6 07	6 14	6 34	6 38	6 53	6 56	7 13	7 22	7 53	8 00	8 19	8 24	8 28	8 28	8 49	8 49	9 15	9 18	9 45	9 48	10 14	10 17	10 44	10 47	11 14	11 17	11 44	11 47	
14	Mount Vernon East	5 53		6 22		6 45	7 01	7 04		7 30		8 02	8 09		8 36		8 57		9 35		9 38		10 04		10 34		11 04		11 34	12 04	
15	Pelham	5 56		6 25		7 07		7 33		7 33		8 12	8 12		8 39		9 00		9 38		9 38		10 07		10 37		11 07		11 37	12 07	
17	New Rochelle	5 59		6 28		6 50	7 06	7 10		7 36		8 06	8 16		8 42		9 03		9 41		9 41		10 10		10 40		11 10		11 40	12 10	
19	Larchmont	6 02		6 32				7 14		7 40		8 20			8 46		9 07		9 45		9 45		10 14		10 44		11 14		11 44	12 14	
21	Mamaroneck	6 06		6 35				7 17		7 43		8 23			8 49		9 10		9 48		9 48		10 17		10 47		11 17		11 47	12 17	
22	Harrison	6 09		6 38				7 20		7 46		8 26			8 52		9 13		9 51		9 51		10 20		10 50		11 20		11 50	12 20	
24	Rye	6 13		6 42		7 00	7 16	7 24		7 50		8 16	8 30		8 46		8 56		9 17		9 55		10 24		10 54		11 24		11 55	12 24	
26	Port Chester	6 16		6 45		7 04	7 19	7 27		7 53		8 19	8 33		8 49		8 59		9 20		9 58		10 27		10 57		11 27		11 58	12 27	
28	Greenwich	6 20	6 31	6 54		6 59	7 08	7 24	7 36	7 39	7 57	8 14	8 23	8 39	8 45	8 53	9 03	9 14	9 24		10 02		10 31		11 01		11 31		12 03	12 31	
30	Cos Cob	6 23				7 11				8 00		8 26			8 56		9 06		9 27		10 05		10 34		11 04		11 34		12 07	12 34	
30	Riverside	6 25				7 14				8 03		8 29			8 59		9 09		9 30		10 08		10 37		11 07		11 37		12 10	12 37	
31	Old Greenwich	6 28				7 17				8 06		8 32			9 02		9 12		9 33		10 10		10 39		11 09		11 39		12 12	12 39	
33	Stamford	6 13	6 38	6 40		7 09	7 29	7 40		7 48		8 24	8 43		8 55		9 24	9 25	9 45	9 56	10 23	10 28	10 52	10 55	11 22	11 25	11 52	11 55	12 24	12 25	12 52
33	NEW CANAAN BRANCH																														
33	Stamford Lv.										8 16																				
35	Glenbrook										8 20																				
37	Springdale										8 23																				
39	Talmadge Hill										8 27																				
41	New Canaan										8 38																				
36	Noroton Heights	6 18		6 45		7 14				7 53		8 29			9 00																
38	Darien	6 21		6 49		7 18				7 57		8 32			9 03			9 31													
39	Rowayton	6 24				7 21				8 00					9 06																
41	South Norwalk	6 28		6 54		7 25				8 04		8 37			9 10																
42	East Norwalk	6 31		6 58		7 29				8 07					9 13																
44	Westport	6 35		7 01		7 32				8 11		8 42			9 17																
47	Green's Farms	6 39				7 37				8 16					9 22																
49	Southport	6 43		7 09		7 41				8 20					9 26																
51	Fairfield	6 46		7 12		7 45				8 24		8 50			9 29																
53	Fairfield-Black Rock	6 49		7 16		7 48				8 27		8 53			9 33																
55	Bridgeport	6 55		7 23		7 55				8 34		8 59			9 39																
59	Stratford	7 01		7 29		8 01				8 40		9 05			9 46																
63	Milford	7 08		7 36		8 09				8 47		9 12			9 53																
69	West Haven	7 16		7 43		8 16				8 54		9 19			10 02																
72	New Haven	7 28		H 7 54		H 8 26				9 08		H 9 31			10 13																
73	New Haven-State St.			7 59		8 33						9 39																			
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM

MILES	TO NEW HAVEN	MILES																	OFF-PEAK				
		1526 1726	1328	1528	1330	1530 1730	1332	1532	1334	1534 1734	1336	3536	1536	1338	3238	3538	1538 1738	1340	3540	1540	1342	1740	
0	Grand Central	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
4	Harlem-125th St.	R 12 14	R 12 17	R 12 44	R 12 47	R 1 14	R 1 17	R 1 44	R 1 47	R 2 14	R 2 17	R 2 38	R 2 44	R 2 47	R 3 06	R 3 13	R 3 15	R 3 18	R 3 37	R 3 40	R 3 44	R 3 49	
9	Fordham (E.190th)		12 25		12 55		1 25		1 55		2 25		2 55		3 26		3 56		4 26		4 56		
14	Mount Vernon East		12 34		1 04		1 34		2 04		2 34		3 04		3 35		4 05		4 35		5 05		
15	Pelham		12 37		1 07		1 37		2 07		2 37		3 07		3 38		4 08		4 38		5 08		
17	New Rochelle		12 40		1 10		1 40		2 10		2 40		3 10		3 41		4 11		4 41		5 11		
19	Larchmont		12 44		1 14		1 44		2 14		2 44		3 14	H 3 26		3 45		4 15		4 45		5 15	
21	Mamaroneck		12 47		1 17		1 47		2 17		2 47		3 17	H 3 30		3 48		4 18		4 48		5 18	
22	Harrison		12 50		1 20		1 50		2 20		2 50		3 20	H 3 33		3 51		4 21		4 51		5 21	
24	Rye		12 55		1 24		1 55		2 24		2 54		3 24	H 3 36		3 55		4 24		4 54		5 24	
26	Port Chester		12 58		1 27		1 58		2 27		2 57		3 27	H 3 39		3 58		4 27		4 57		5 27	
28	Greenwich		1 03		1 31		2 03		2 31		3 01		3 31	H 3 44		4 02		4 32		5 02		5 32	
30	Cos Cob		1 07		1 34		2 07		2 34		3 04		3 34	H 3 47		4 05		4 35		5 05		5 35	
30	Riverside		1 10		1 37		2 10		2 37		3 07		3 37	H 3 49		4 08		4 38		5 08		5 38	
31	Old Greenwich		1 12		1 39		2 12		2 39		3 09		3 39	H 3 51		4 10		4 40		5 10		5 40	
33	Stamford	Ar.	12 55	1 24	1 25	1 52	1 55	2 24	2 25	2 52	2 55	3 22	3 25	3 52	3 57	3 50	3 54	4 20		4 22	4 44		
33	NEW CANAAN BRANCH	Stamford Lv.	C 1 01				C 2 01						C 3 01				C 3 56					4 39	
35		Glenbrook	C 1 05				C 2 05						C 3 05				C 4 00					4 46	
37		Springdale	C 1 08				C 2 08						C 3 08				C 4 03					4 49	
39		Talmadge Hill	C 1 12				C 2 12						C 3 12				C 4 07					4 53	
41		New Canaan	C 1 19				C 2 19						C 3 19				C 4 14					5 04	
36	Noroton Heights		1 00				2 00						3 00				3 59				4 28		
38	Darien		1 04		1 32		2 03		2 32				3 03				4 02				4 31		
39	Rowayton		1 07				2 06						3 06				4 05						
41	South Norwalk		1 11		1 37		2 10		2 37				3 10				4 09				4 36		
42	East Norwalk		1 14				2 13						3 13				4 11						
44	Westport		1 18		1 42		2 17		2 42				H 3 29	3 42			H 4 04	4 15		H 4 28	4 41		
47	Green's Farms		1 22				2 21						3 21				4 19						
49	Southport		1 27				2 26						3 26				4 23						
51	Fairfield		1 30		1 51		2 29		2 51				H 3 38	3 51			H 4 12	4 26		H 4 38	4 50		
53	Fairfield-Black Rock		1 33		1 54		2 32		2 54				H 3 42	3 54			H 4 15	4 29		H 4 42	4 53		
55	Bridgeport		1 40		2 01		2 39		3 01				H 3 48	4 01			H 4 21	4 35		H 4 49	4 59		
59	Stratford		1 47		2 07		2 46		3 07				H 3 55	4 07			H 4 27	4 42		H 4 55	5 05		
63	Milford		1 54		2 14		2 53		3 14				H 4 02	4 14			H 4 34	4 49		H 5 03	5 13		
69	West Haven		2 03		2 23		3 02		3 23				H 4 09	4 23			H 4 42	4 56		H 5 10	5 20		
72	New Haven		2 15		2 36		3 14		3 36				4 20	4 34			4 55	5 11		5 19	5 33		
73	New Haven-State St.		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	



OUTBOUND: Monday – Friday PM Peak & Nights

Peak trains depart Grand Central between 4 PM – 8 PM

Effective April 7, 2024

Table showing train schedules from Grand Central to New Haven, including PM Peak and Night services. Columns list station names and departure times. Includes service notes like 'WILL NOT OPERATE FRIDAYS OR 7/3' and 'WILL OPERATE FRIDAYS ONLY & 7/3'.

Table showing train schedules from Grand Central to New Haven, including Off-Peak services. Columns list station names and departure times. Includes service notes like 'WILL NOT OPERATE FRIDAYS OR 7/3' and 'TO DANBURY'.

Table with columns for miles (72 to 0) and stations (6301 to 6537). Rows include New Haven, West Haven, Milford, Stratford, Bridgeport, Fairfield - Black Rock, Fairfield, Southport, Green's Farms, Westport, East Norwalk, South Norwalk, Rowayton, Darien, Noroton Heights, Stamford, Old Greenwich, Riverside, Cos Cob, Greenwich, Port Chester, Rye, Harrison, Mamaroneck, Larchmont, New Rochelle, Pelham, Mount Vernon East, Fordham (E.190th), Harlem-125th St., and Grand Central.

Table with columns for miles (72 to 0) and stations (6337 to 6399). Rows include New Haven, West Haven, Milford, Stratford, Bridgeport, Fairfield - Black Rock, Fairfield, Southport, Green's Farms, Westport, East Norwalk, South Norwalk, Rowayton, Darien, Noroton Heights, Stamford, Old Greenwich, Riverside, Cos Cob, Greenwich, Port Chester, Rye, Harrison, Mamaroneck, Larchmont, New Rochelle, Pelham, Mount Vernon East, Fordham (E.190th), Harlem-125th St., and Grand Central.

Table with 33 rows (Miles 0-33) and 33 columns (Miles 6504-6346). Includes station names like Grand Central, Harlem-125th St, Fordham, etc. and arrival/departure times.

Table with 33 rows (Miles 0-33) and 33 columns (Miles 6546-6304). Includes station names like Grand Central, Harlem-125th St, Fordham, etc. and arrival/departure times.





## Ticket info

### Buy Tickets before boarding to avoid the onboard surcharge

You will be charged an additional fee if a ticket vending machine or ticket office is available at your boarding station.

*Surcharge does not apply to senior citizens or passengers with disabilities*

### RESPONSIBILITY –

Metro-North Railroad cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections, or for changes in or shortage of equipment. The schedules in this timetable are subject to change without notice.

### Title VI Statement:

MTA Metro-North Railroad is committed to providing nondiscriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color, national origin or income as protected by Title VI of the Civil Rights Act of 1964.

For more information visit [mta.info](https://www.mta.info) or contact:

### MTA Metro-North Railroad

Office of Diversity & Equal Employment Opportunity,  
420 Lexington Avenue, 12th Fl.,  
New York, NY 10170,  
or call 511.

In addition to your right to file a complaint with Metro-North Railroad, you have the right to file a Title VI complaint with the Federal Transit Administration, Office of Civil Rights, Attention: Complaint Team, East Building 5th Floor—TCR, 1200 New Jersey Ave. SE, Washington, DC 20590.

## Contact Information

**MTA Metro-North Railroad** [mta.info/mnr](https://www.mta.info/mnr)

- [Schedules](#) - [Lost & Found](#) - [Mail&Ride](#)
- [Fares](#) - [Group Sales](#) - [Bicycle Permits](#)
- [Parking](#) - [Senior/Disabled Accesibility](#)
- [Comments, Concerns, Commendations](#)

Daily 6AM – 10PM /Automated info 24/7 .....	511
Outside New York State .....	877-690-5114
Deaf/Hard of Hearing – Use your preferred relay service provider or the free 711 relay to reach .....	511
MTA Long Island Rail Road .....	511
MTA New York City Transit Subway & Bus Information .....	511
MTA Police .....	212-878-1001
<b>MTA PD Emergency Only</b> .....	888-MTA-911PD
MTA Inspector General Hotline.....	800-MTA-IG4U (800-682-4448)

### Other Transit Information

Amtrak.....	800-872-7245
CT Transit.....	<a href="https://www.cttransit.com">cttransit.com</a>
Coach USA .....	866-912-6224
GO Airlink .....	212-812-9000
Greater Bridgeport Transit .....	203-333-3031 <a href="https://www.gogbt.com">gogbt.com</a>
HarTransit .....	203-744-4070 <a href="https://www.hartransit.com">hartransit.com</a>
LAZ Parking.....	888-682-PARK (888-682-7275)
Norwalk Transit .....	203-852-0000 <a href="https://www.norwalktransit.com">norwalktransit.com</a>
Shoreline East .....	1-877-287-4337 <a href="https://www.shorelineeast.com">shorelineeast.com</a>
Westchester Bee-Line.....	914-813-7777 <a href="https://www.westchestergov.com">westchestergov.com</a>

## Connecting Services

**New York City Transit Subway & Buses** 511 [mta.info/nyct](https://www.mta.info/nyct)

**Grand Central Terminal** 4 5 6 7 S

42 St.: **M42**  
Lexington Av: **M101, M102, M103**  
Madison Av: **M1, M2, M3, M4**

**Harlem–125th Street** 4 5 6  
125 St: **SBS M60** to Laguardia Airport, **M125, M101**  
Lexington Av: **M101, M103**

**Long Island Rail Road** 511 [mta.info/lirr](https://www.mta.info/lirr)  
**Grand Central Madison**

**Connections to NY Area Airports** [mta.info/guides/airports](https://www.mta.info/guides/airports)

**Connections at your station** [mta.info/mta-stations](https://www.mta.info/mta-stations)