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Press Release

April 26, 2017

Metro-North

IMMEDIATE

Metro-North Railroad to Host 5th Annual Blood Drive at Grand Central Terminal Tomorrow, Thursday, April 27

Railroad Partners with New York Blood Center to Help Save Lives

Make your next stop the "Donation Station," and give the gift of life. Grand Central Terminal's Vanderbilt Hall will be the site of a huge community blood drive as MTA Metro-North Railroad partners with New York Blood Center on Thursday, April 27 from 8 a.m. to 8 p.m., with Glen Hayden, Metro-North Railroad Vice President of Engineering, cutting the ceremonial ribbon at 9 a.m.

Metro-North and the New York Blood Center encourage employees and customers alike to make a difference on Thursday by donating blood. Your single donation can be used to save multiple lives. By setting aside less than an hour to donate, you can help replenish our region's blood supply and support patients who are in need of life-saving blood transfusions. Donors with O-negative blood type, or "universal donors," are especially encouraged to attend, as their blood can be used in emergencies.

"More than 300 people donated at last year's blood drive at Grand Central Terminal, making it the largest and most successful drive since Metro-North initiated its partnership with the New York Blood Center," said Metro-North President Joseph Giulietti. "Metro-North is proud to be part of this important effort, and we join the New York Blood Center in thanking our commuters and employees for their generosity and compassion. Donating blood is a simple way to make a profound difference, and we hope even more people will take the time to give this year."

As an act of gratitude, the first 125 presenting donors will receive a pair of tickets to a New York baseball game this spring. (*New York Yankees tickets terms and conditions apply.)

To schedule an appointment to donate, please call the New York Blood Center at (800) 933-2566 or by visiting: www.nybc.org While appointments are encouraged, walk-ins are also welcomed.

Donors are advised to bring identification with a photo or signature and eat well and drink fluids before donating blood. Juice and cookies are provided free after donation.

Blood donors will receive free mini-medical exams on site including information about their temperature, blood pressure and hematocrit (iron) level. Eligible donors include those people at least age 16 (with parental permission or consent), who weigh at least 110 pounds, are in good health and meet all Food & Drug Administration and NY or NJ State Department of Health donor criteria.