



## MTA Press Releases

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Press Release

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[MTA Headquarters](#)

IMMEDIATE

### Cyclists: Ride With the MTA to the Five-Boro Bike Tour

#### *Details on Travel to the Five Boro Bike Tour*

This Sunday, May 5, New York City will host the TD Bank Five Boro Bike Tour, attracting 32,000 cyclists from around the region and beyond. The MTA's rail network is the best way to avoid traffic tie-ups and parking fees and get to the ride safely and on-time.

The New York City Subway, Long Island Rail Road and Metro-North Railroad all allow bicycles year-round. But special accommodations are made for this tour once a year. Tips and details are below.

#### **New York City Subway**

To take your bike onto the subway, swipe your MetroCard while the station agent watches, rotate the turnstile, then enter through the station service gates once they are activated by the agent. For safety's sake, please carry, do not roll, bikes down stairs.

At the start or finish of the tour, customers with bicycles who wish to use the subway should use the following subway stations: Brooklyn Bridge-City Hall **4 6**, Bowling Green **4** (northbound only), City Hall **N Q R**, Chambers St **J**, Chambers St **A C** (northbound only), World Trade Center **E** and Chambers St **1 2 3**.

Riders are asked not use the following stations as they are not well-equipped to handle large volumes of bicycles: South Ferry **1**, Rector St **1**, Fulton St **2 3 4 A C J**, Wall St **2 3**, Park Place **2 3**, Bowling Green **4** (southbound), Wall St **4**, Rector St **N Q R**, Cortlandt St **N Q R** and Whitehall St **N Q R**.

Please be aware of subway service changes in the downtown area this weekend: **5** service is suspended in both directions. Brooklyn-bound **A C** service will travel via the **F** line from W 4 St to Jay St-Metrotech. Northbound **A C** service is normal. **N Q** trains will make local stops in lower Manhattan and travel via the tunnel (not the Manhattan Bridge) in both directions.

#### **Metro-North Railroad & Long Island Rail Road**

The LIRR and Metro-North will offer plenty of service to get you to the start of the tour in time, and many stations offer free and unrestricted parking on Sundays.

Both railroads will allow bicyclists to board trains without a bicycle permit on Sunday, May 5, or on Saturday, May 4, the day of the Bike Expo New York at Pier 36 in Lower Manhattan, and the usual restriction on the number of bicycles permitted on a train will be suspended. Both railroads recommend that cyclists use a bungee cord to secure their bike while riding on the train.

To find free and unrestricted parking at your station of origin, make sure to read signs carefully at the station.

Tour participants should plan to arrive in time to ride or take the subway to Battery Park for the start of the tour. The distance from Grand Central, Penn Station or Atlantic Terminal, Brooklyn, to Battery Park is 3 to 3.5 miles.

#### *Traveling from Grand Central to Battery Park*

**By bike:** To reach the start of the tour, cyclists should ride south on Park Avenue to 17th Street where Park Avenue South merges with Broadway, then follow Broadway south to Battery Park.

**By subway:** Cyclists should catch the southbound  or  to Brooklyn Bridge-City Hall.

#### *Traveling from Penn Station to Tour Start*

**By bike:** The distance from Penn Station to Battery Park is about 3.5 miles. To reach the start of the tour, cyclists should start by riding south on Seventh Avenue. Make a right onto 29th Street, and ride five blocks to the Hudson River Greenway. Then make a left onto the Greenway and ride it to the start of the tour at Battery Park.

**By subway:** Cyclists should catch the  to World Trade Center or the ,  or  to Chambers St.

#### *Traveling from Atlantic Terminal, Brooklyn, to Tour Start*

**By bike:** The distance from Atlantic Terminal to the start of the tour is about 3 miles. Cyclists should start by heading northbound on Atlantic Avenue for one block. At Lafayette Avenue, make a left onto Schermerhorn Street. Proceed straight for five blocks, and make a right onto Boerum Place / Adams Street / Brooklyn Bridge Boulevard. Ride over the Brooklyn Bridge. When you arrive in Manhattan, follow directions to the start of the race.

**By subway:** Cyclists should catch the Manhattan-bound ,  or  to City Hall, the  or  to Chambers St or the  to Bowling Green.

### **Verrazano-Narrows Bridge**

The MTA's Verrazano-Narrows Bridge hosts one of the final segments of the tour. The lower level of the bridge will be closed in both directions starting at 12:01 a.m. on Sunday. The upper level of the bridge will remain open in both directions throughout the event. Motorists should expect delays and seek alternate routes if possible.

For more details on traffic restrictions, please see the attached press release from MTA Bridges and Tunnels.

### **New York City Buses**

Several bus routes throughout the city will be affected by street closures throughout the day. Please log on to [mta.info](https://www.mta.info) and check the "Current Service Status" for updates or sign up for travel tools, apps and more.

