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Press Release

April 15, 2010

[Metro-North](#)

IMMEDIATE

### Ride Metro-North Railroad to the TD Bank Five Boro Bike Tour On Sunday, May 2, 2010

MTA Metro-North Railroad has always been an advocate for transportation that is safe, efficient and pollution free and that is why we are making it easier than ever for everyone to ride Metro-North Railroad on Sunday, May 2, 2010 with their bikes to join in the TD Bank Five Boro Bike Tour.

The TD Bank Five Boro Bike Tour is the largest mass-cycling event in the USA. Over 30,000 cyclists ride the 42-mile odyssey through New York City's five boroughs, many of whom travel into New York City on Metro-North Railroad.

Metro-North Railroad will accommodate participants by allowing bicyclists to board trains without a bicycle permit on this day only, and the restriction on the number of bicycles permitted on a train will be suspended. In addition, many stations will also offer a free parking area on Sunday. (Make sure to pick up a Five Boro Bike Tour Brochure for a list of free parking locations). Please read signs carefully at the station and parking lots for the specific location of free parking.

There is plenty of service on the Hudson, Harlem and New Haven Lines to get you to Grand Central Terminal before 7:30 AM, but plan to arrive at Grand Central Terminal to allow enough time to cycle to Battery Park for the start of the Tour at 8:00 AM. The distance from Grand Central Terminal to Battery Park is approximately 3.5 miles. Tour entrants should cycle south on Park Avenue to 17th Street where Park Avenue South merges with Broadway, then follow Broadway south to Battery Park.

For your return rail trip, trains will run hourly from Grand Central Terminal (except as noted in the timetable). Pick up a special TD Bank Five Boro Bike Tour schedule at your ticket office or at the GCT Information Booth. Or call 212-532-4900, or visit our website <http://www.mta.info>.