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Press Release

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Metro-North

IMMEDIATE

A Great Weekend for People with Great Taste: Metro-North's Cheese, Wine and Art Adventure

City slickers can experience a bucolic blast with Metro-North's One Day Getaway available three weekends, Saturdays and Sundays from September 15 through September 30.

Take a Metro-North train through the picturesque Hudson River Valley to the Poughkeepsie train station where you're met by the Dutchess County Farm Fresh Link Shuttle.

First stop is Sprout Creek Farm for artisanal cheese-making by graduates of the Culinary Institute of America. And it's yours to sample and enjoy at their outdoor picnic, complete with local seasonal fare from area farms.

The gastronomical getaway continues with wine tastings at two of the Hudson Valley's premier wineries: Millbrook Vineyards and the Clinton Vineyards.

Millbrook produces high caliber wines using classical techniques in a converted dairy barn with a Dutch hip roof and commanding views of its 130-acre estate. The Clinton Vineyard is the award-winning producer of fine wines and champagnes made in the classic French methode and champenoise programme.

Great food, fine wine, fabulous views, and the Dutchess County Farm Fresh Shuttle will stay with you all day, transporting you to the various locations and back to the Poughkeepsie station for your return home. For tickets times, costs, and details dial 800-445-3131 and select "0".