Special Timetable

MTA Long Island Rail Road

Hempstead Branch

Special Track Work Timetable
Effective Saturdays and Sundays
March 4-5, 18-19, 25-26 and April 1-2, 2023 Only

www.mta.info

Effective Saturday & Sunday, March 4-5, 18-19, 25-26 and April 1-2, 2023

Westbound

To New York, Brooklyn* & Jamaica

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Fri & Sat Only	Sunday Only		Sunday Only		
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM
HEMPSTEAD	V 8:35	......	......	V 9:31	......	......	V 10:31	......	......	V 11:40	......	......	......	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Garden City	V 8:45	......	......	V 9:41	......	......	V 10:41	......	......	V 11:50	......	......	......	......	......
Nassau Boulevard (Bus departure)	V 8:50	......	......	V 9:46	......	......	V 10:46	......	......	V 11:55	......	......	......	......	......
Stewart Manor (Bus departure)	V 8:55	......	......	V 9:51	......	......	V 10:51	......	......	V 12:00	......	......	......	......	......
Floral Park	......	A 9:15	A 9:52	......	A 10:12	A 10:55	......	A 11:12	A 11:56	......	......	A 12:21	......	......	A 1:01
Bellerose (Bus arrival)	V 9:08	......	......	V 10:04	......	......	V 11:04	......	......	V 12:13	......	......	......	......	......
Bellerose (Train departure)	......	9:18	......	......	10:14	......	......	11:14	......	......	......	12:23	......	......	......
Elmont - UBS Arena	......	9:20	9:54	......	10:16	10:57	......	11:16	11:58	......	12:12	12:25	12:31	12:47	1:03
Queens Village	......	9:23	......	......	10:19	......	......	11:19	......	......	......	12:28	......	......	1:05
Hollis	......	9:26	......	......	10:22	......	......	11:22	......	......	......	12:31	......	......	1:07
JAMAICA (Arrive)	......	9:33	10:04	......	10:29	11:07	......	11:29	12:08	......	12:23	12:37	12:42	12:58	1:14
JAMAICA (Leave)	......	9:34	10:05	......	10:30	11:08	......	11:30	12:09	......	12:24	12:38	12:43	12:59	1:15
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	10:08	......	......	11:11	......	......	12:12	......	......	......	......	......	1:18
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	......	......	......	......	......	......	......	......	......	12:32	12:46	......	1:07	......
GRAND CENTRAL	......	9:52	......	......	10:49	......	......	11:49	......	......	......	12:56	1:01	1:18	......
PENN STATION	......	......	10:24	......	......	11:27	......	......	12:28	......	12:43	......	......	......	1:34
	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM
Train #	Bus 771	771	1571	Bus 773	773	1573	Bus 775	775	1575	Bus 6701	7975	6701	7675	8075	7501

For explanation, see "Reference Notes."															
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
HEMPSTEAD	......	V 12:30	......	......	V 1:30	......	......	V 3:31	......	......	V 4:31	......	V 5:28	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Garden City	......	V 12:40	......	......	V 1:40	......	......	V 3:41	......	......	V 4:41	......	V 5:38	......	......
Nassau Boulevard (Bus departure)	......	V 12:45	......	......	V 1:45	......	......	V 3:46	......	......	V 4:46	......	V 5:43	......	......
Stewart Manor (Bus departure)	......	V 12:50	......	......	V 1:50	......	......	V 3:51	......	......	V 4:51	......	V 5:48	......	......
Floral Park	......	......	A 1:11	......	......	A 2:11	......	......	A 4:12	......	......	A 5:12	......	A 6:09	A 6:55
Bellerose (Bus arrival)	......	V 1:03	......	......	V 2:03	......	......	V 4:04	......	......	V 5:04	......	V 6:01	......	......
Bellerose (Train departure)	......	......	1:13	......	......	2:13	......	......	4:14	......	......	5:14	......	6:11	......
Elmont - UBS Arena	1:11	......	1:15	1:33	......	2:15	2:32	......	4:16	4:31	......	5:16	......	6:13	6:57
Queens Village	......	......	1:18	1:35	......	2:18	2:34	......	4:19	4:33	......	5:19	......	6:16	6:59
Hollis	......	......	1:21	1:37	......	2:21	2:36	......	4:22	4:35	......	5:22	......	6:19	7:01
JAMAICA (Arrive)	1:22	......	1:28	1:44	......	2:28	2:43	......	4:29	4:42	......	5:29	......	6:26	7:08
JAMAICA (Leave)	1:23	......	1:29	1:45	......	2:29	2:44	......	4:30	4:43	......	5:30	......	6:27	7:09
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	1:32	......	......	......	2:47	......	......	......	......	......	......	......	7:12
Forest Hills	1:28	......	......	......	......	2:34	......	......	......	4:48	......	......	......	......	......
Woodside	......	......	......	1:53	......	......	......	......	4:38	......	......	......	......	......	......
GRAND CENTRAL	1:42	......	1:48	......	......	......	......	......	......	......	......	5:49	......	6:46	......
PENN STATION	......	......	......	2:03	......	2:48	3:02	......	4:49	5:01	......	......	......	......	7:28
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	8003	Bus 6703	6703	7503	Bus 6705	6705	7505	Bus 6709	6709	7507	Bus 6711	6711	Bus 6713	6713	7511

For explanation, see "Reference Notes."																
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
HEMPSTEAD	V 6:31	......	......	V 7:31	......	......	V 8:31	......	......	......	V 9:31	......	......	......	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Garden City	V 6:41	......	......	V 7:41	......	......	V 8:41	......	......	......	V 9:41	......	......	......	......	......
Nassau Boulevard (Bus departure)	V 6:46	......	......	V 7:46	......	......	V 8:46	......	......	......	V 9:46	......	......	......	......	......
Stewart Manor (Bus departure)	V 6:51	......	......	V 7:51	......	......	V 8:51	......	......	......	V 9:51	......	......	......	......	......
Floral Park	......	A 7:12	A 7:55	......	A 8:12	A 8:55	......	A 9:12	A 9:55	......	......	A 10:12	......	......	A 10:55	......
Bellerose (Bus arrival)	V 7:04	......	......	V 8:04	......	......	V 9:04	......	......	......	V 10:04	......	......	......	......	......
Bellerose (Train departure)	......	7:14	......	......	8:14	......	......	9:14	......	......	......	10:14	......	......	......	......
Elmont - UBS Arena	......	7:16	7:57	......	8:16	8:57	......	9:16	9:57	10:12	......	10:16	10:31	10:45	10:57	11:12
Queens Village	......	7:19	7:59	......	8:19	8:59	......	9:19	9:59	......	......	10:19	......	......	10:59	......
Hollis	......	7:22	8:01	......	8:22	9:01	......	9:22	10:01	......	......	10:22	......	......	11:01	......
JAMAICA (Arrive)	......	7:29	8:08	......	8:29	9:08	......	9:29	10:08	10:23	......	10:29	10:42	10:56	11:08	11:23
JAMAICA (Leave)	......	7:30	8:09	......	8:30	9:09	......	9:30	10:09	10:24	......	10:30	10:43	10:57	11:09	11:24
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	8:12	......	......	9:12	......	......	10:12	......	......	......	10:47	......	11:12	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	......	......	......	......	......	......	......	......	10:32	......	......	......	11:05	......	11:32
GRAND CENTRAL	......	7:49	......	......	8:49	......	......	9:49	......	......	......	10:49	11:01	11:16	......	......
PENN STATION	......	......	8:28	......	......	9:28	......	......	10:28	10:43	......	......	......	......	11:28	11:43
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	Bus 6715	6715	7513	Bus 6717	6717	7515	Bus 6719	6719	7517	7915	Bus 6721	6721	7615	8017	7519	7917

For explanation, see "Reference Notes."															
	AM	AM	AM	AM	AM	PM	AM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	V 10:31	......	......	......	......	......	V 11:31	......	......	......	......	......	V 12:31	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Garden City	V 10:41	......	......	......	......	......	V 11:41	......	......	......	......	......	V 12:41	......	......
Nassau Boulevard (Bus departure)	V 10:46	......	......	......	......	......	V 11:46	......	......	......	......	......	V 12:46	......	......
Stewart Manor (Bus departure)	V 10:51	......	......	......	......	......	V 11:51	......	......	......	......	......	V 12:51	......	......
Floral Park	......	A 11:12	......	......	A 11:55	......	......	A 12:12	......	......	A 12:55	......	......	A 1:12	......
Bellerose (Bus arrival)	V 11:04	......	......	......	......	......	V 12:04	......	......	......	......	......	V 1:04	......	......
Bellerose (Train departure)	......	11:14	......	......	......	......	......	12:14	......	......	......	......	......	1:14	......
Elmont - UBS Arena	......	11:16	11:31	11:45	11:57	12:12	......	12:16	12:31	12:45	12:57	1:12	......	1:16	1:31
Queens Village	......	11:19	......	......	11:59	......	......	12:19	......	......	12:59	......	......	1:19	......
Hollis	......	11:22	......	......	12:01	......	......	12:22	......	......	1:01	......	......	1:22	......
JAMAICA (Arrive)	......	11:29	11:42	11:56	12:08	12:23	......	12:29	12:42	12:56	1:08	1:23	......	1:29	1:42
JAMAICA (Leave)	......	11:30	11:43	11:57	12:09	12:24	......	12:30	12:43	12:57	1:09	1:24	......	1:30	1:43
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	11:47	......	12:12	......	......	......	12:47	......	1:12	......	......	......	1:47
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	......	......	12:05	......	12:32	......	......	......	1:05	......	1:32	......	......	......
GRAND CENTRAL	......	11:49	12:01	12:16	......	......	......	12:49	1:01	1:16	......	......	......	1:49	2:01
PENN STATION	......	......	......	......	12:28	12:43	......	......	......	......	1:28	1:43	......	......	......
	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	Bus 6723	6723	7617	8019	7521	7919	Bus 6725	6725	7619	8021	7551	7951	Bus 6751	6751	7651

Effective Saturday & Sunday, March 4-5, 18-19, 25-26 and April 1-2, 2023

(Continued)

Westbound

To New York, Brooklyn* & Jamaica

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For explanation, see "Reference Notes."																
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	......	V 1:31	......	......	......	......	......	V 2:31	......	......	......	......	......	V 3:31
Country Life Press	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Garden City	......	......	......	V 1:41	......	......	......	......	......	V 2:41	......	......	......	......	......	V 3:41
Nassau Boulevard (Bus departure)	......	......	......	V 1:46	......	......	......	......	......	V 2:46	......	......	......	......	......	V 3:46
Stewart Manor (Bus departure)	......	......	......	V 1:51	......	......	......	......	......	V 2:51	......	......	......	......	......	V 3:51
Floral Park	......	A 1:55	......	......	A 2:12	......	......	A 2:55	......	......	A 3:12	......	......	A 3:55	......	......
Bellerose (Bus arrival)	......	......	......	V 2:04	......	......	......	......	......	V 3:04	......	......	......	......	......	V 4:04
Bellerose (Train departure)	......	......	......	......	2:14	......	......	......	......	......	3:14	......	......	......	......	......
Elmont - UBS Arena	1:45	1:57	2:12	......	2:16	2:31	2:45	2:57	3:12	......	3:16	3:31	3:45	3:57	4:12	......
Queens Village	......	1:59	......	......	2:19	......	......	2:59	......	......	3:19	......	......	3:59	......	......
Hollis	......	2:01	......	......	2:22	......	......	3:01	......	......	3:22	......	......	4:01	......	......
JAMAICA (Arrive)	1:56	2:08	2:23	......	2:29	2:42	2:56	3:08	3:23	......	3:29	3:42	3:56	4:08	4:23	......
JAMAICA (Leave)	1:57	2:09	2:24	......	2:30	2:43	2:57	3:09	3:24	......	3:30	3:43	3:57	4:09	4:24	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	2:12	......	......	......	2:47	......	3:12	......	......	......	3:47	......	4:12	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	2:05	......	2:32	......	......	......	3:05	......	3:32	......	......	......	4:05	......	4:32	......
GRAND CENTRAL	2:16	......	......	......	2:49	3:01	3:16	......	......	......	3:49	4:01	4:16	......	......	......
PENN STATION	......	2:28	2:43	......	......	......	......	3:28	3:43	......	......	......	......	4:28	4:43	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	8051	7553	7953	Bus 6753	6753	7653	8053	7555	7955	Bus 6755	6755	7655	8055	7557	7957	Bus 6757

For explanation, see "Reference Notes."																	
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	......	......	......	V 4:31	......	......	......	......	......	V 5:31	......	......	......	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Garden City	......	......	......	......	......	V 4:41	......	......	......	......	......	V 5:41	......	......	......	......	......
Nassau Boulevard (Bus departure)	......	......	......	......	......	V 4:46	......	......	......	......	......	V 5:46	......	......	......	......	......
Stewart Manor (Bus departure)	......	......	......	......	......	V 4:51	......	......	......	......	......	V 5:51	......	......	......	......	......
Floral Park	A 4:12	......	......	A 4:55	......	......	A 5:12	......	......	A 5:55	......	......	A 6:12	......	......	A 6:55	......
Bellerose (Bus arrival)	......	......	......	......	......	V 5:04	......	......	......	......	......	V 6:04	......	......	......	......	......
Bellerose (Train departure)	4:14	......	......	......	......	......	5:14	......	......	......	......	......	6:14	......	......	......	......
Elmont - UBS Arena	4:16	4:31	4:45	4:57	5:12	......	5:16	5:31	5:45	5:57	6:12	......	6:16	6:31	6:45	6:57	7:12
Queens Village	4:19	......	......	4:59	......	......	5:19	......	......	5:59	......	......	6:19	......	......	6:59	......
Hollis	4:22	......	......	5:01	......	......	5:22	......	......	6:01	......	......	6:22	......	......	7:01	......
JAMAICA (Arrive)	4:29	4:42	4:56	5:08	5:23	......	5:29	5:42	5:56	6:08	6:23	......	6:29	6:42	6:56	7:08	7:23
JAMAICA (Leave)	4:30	4:43	4:57	5:09	5:24	......	5:30	5:43	5:57	6:09	6:24	......	6:30	6:43	6:57	7:09	7:24
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	4:47	......	5:12	......	......	......	5:47	......	6:12	......	......	......	6:47	......	7:12	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	......	5:05	......	5:32	......	......	......	6:06	......	6:32	......	......	......	7:06	......	7:32
GRAND CENTRAL	4:49	5:01	5:16	......	......	......	5:49	6:01	6:16	......	......	......	6:49	7:01	7:16	......	......
PENN STATION	......	......	......	5:28	5:43	......	......	......	......	6:28	6:43	......	......	......	......	7:28	7:43
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	6757	7657	8057	7559	7959	Bus 6759	6759	7661	8061	7563	7963	Bus 6763	6763	7663	8063	7565	7965

For explanation, see "Reference Notes."														
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	V 6:31	......	......	......	......	......	V 7:31	......	......	......	......	V 8:31	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Garden City	V 6:41	......	......	......	......	......	V 7:41	......	......	......	......	V 8:41	......	......
Nassau Boulevard (Bus departure)	V 6:46	......	......	......	......	......	V 7:46	......	......	......	......	V 8:46	......	......
Stewart Manor (Bus departure)	V 6:51	......	......	......	......	......	V 7:51	......	......	......	......	V 8:51	......	......
Floral Park	......	A 7:12	......	......	A 7:58	......	......	A 8:12	......	......	A 8:56	......	A 9:12	A 9:55
Bellerose (Bus arrival)	V 7:04	......	......	......	......	......	V 8:04	......	......	......	......	V 9:04	......	......
Bellerose (Train departure)	......	7:14	......	......	......	......	......	8:14	......	......	......	......	9:14	......
Elmont - UBS Arena	......	7:16	7:31	7:45	8:00	8:12	......	8:16	8:31	8:45	8:57	......	9:16	9:57
Queens Village	......	7:19	......	......	8:02	......	......	8:19	......	......	8:59	......	9:19	9:59
Hollis	......	7:22	......	......	8:04	......	......	8:22	......	......	9:01	......	9:22	10:01
JAMAICA (Arrive)	......	7:29	7:42	7:56	8:10	8:23	......	8:29	8:42	8:56	9:08	......	9:29	10:07
JAMAICA (Leave)	......	7:30	7:43	7:57	8:11	8:24	......	8:30	8:43	8:57	9:09	......	9:30	10:08
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	7:47	......	8:15	......	......	......	8:47	......	9:12	......	......	10:11
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	......	......	8:05	......	8:32	......	......	......	9:05	......	......	......	......
GRAND CENTRAL	......	7:49	8:01	8:16	......	......	......	8:49	9:01	9:16	......	......	9:49	......
PENN STATION	......	......	......	......	8:31	8:43	......	......	......	......	9:28	......	......	10:27
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	Bus 6765	6765	7665	8065	7567	7967	Bus 6767	6767	7667	8067	7569	Bus 6769	6769	7571

For explanation, see "Reference Notes."							Sunday Only	Monday Only	Monday Only	Monday Only	Monday Only	Monday Only	Monday Only	Monday Only	Monday Only
	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM	AM
HEMPSTEAD	V 9:31	......	......	V 10:31	......	......	V 11:40	......	......	......	......	V 12:35	......	V 1:30	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Garden City	V 9:41	......	......	V 10:41	......	......	V 11:50	......	......	......	......	V 12:45	......	V 1:40	......
Nassau Boulevard (Bus departure)	V 9:46	......	......	V 10:46	......	......	V 11:55	......	......	......	......	V 12:50	......	V 1:45	......
Stewart Manor (Bus departure)	V 9:51	......	......	V 10:51	......	......	V 12:00	......	......	......	......	V 12:55	......	V 1:50	......
Floral Park	......	A 10:12	A 10:55	......	A 11:12	A 11:55	......	......	A 12:21	......	A 12:56	......	A 1:16	......	A 2:11
Bellerose (Bus arrival)	V 10:04	......	......	V 11:04	......	......	V 12:13	......	......	......	......	V 1:08	......	V 2:03	......
Bellerose (Train departure)	......	10:14	......	......	11:14	......	......	......	12:23	......	......	......	1:18	......	2:13
Elmont - UBS Arena	......	10:16	10:57	......	11:16	11:57	......	12:12	12:25	12:31	12:58	......	1:20	......	2:15
Queens Village	......	10:19	10:59	......	11:19	11:59	......	......	12:28	......	......	......	1:23	......	2:18
Hollis	......	10:22	11:01	......	11:22	12:01	......	......	12:31	......	......	......	1:25	......	2:21
JAMAICA (Arrive)	......	10:29	11:07	......	11:29	12:07	......	12:23	12:37	12:42	1:08	......	1:32	......	2:28
JAMAICA (Leave)	......	10:30	11:08	......	11:30	12:08	......	12:24	12:38	12:43	1:09	......	1:33	......	2:29
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	11:11	......	......	12:11	......	......	......	......	1:12	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	......	......	......	......	......	......	12:32	......	......	......	......	......	......	......
GRAND CENTRAL	......	10:49	......	......	11:49	......	......	......	12:56	1:01	......	......	1:52	......	......
PENN STATION	......	......	11:27	......	......	12:27	......	12:43	......	......	1:27	......	......	......	2:48
	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	Bus 6771	6771	7573	Bus 6773	6773	7575	Bus 701	7975	701	7675	1501	Bus 703	703	Bus 705	705

- Hempstead
- Country Life Press
- Garden City
- Nassau Boulevard
- Stewart Manor
- Floral Park
- Bellerose
- Elmont-UBS Arena
- Queens Village
- Hollis
- Jamaica (AIRTRAIN)
- Atlantic Terminal (Brooklyn)
- Hunterspoint Avenue
- Long Island City
- Woodside (LaGuardia Link Q70 +selectbusservice)
- Grand Central
- Penn Station

ATTENTION CUSTOMERS

As a result of repairs to Cherry Valley Bridge in Queens Interlocking, Hempstead service will be replaced by buses. Service is affected as follows:

Eastbound: Hempstead trains will terminate in Floral Park. Transfer at Bellerose for connecting bus service to Hempstead.

Westbound: Hempstead trains will originate in Floral Park. Bus service will operate from Hempstead to Bellerose. Connecting train service to Grand Central, Penn Station and Atlantic Terminal is available at Bellerose.

Use this special timetable for all Hempstead Branch travel on this affected weekend only.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options. For all other service, see the regular Hempstead Branch timetable, effective February 27, 2023.

/// WATCH THE GAP ///

Effective Saturday & Sunday, March 4-5, 18-19, 25-26 and April 1-2, 2023

Eastbound

To Hempstead

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Fri Only Peak PM	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	......	8:09	......	......	......	9:09	9:35	......	......	......
GRAND CENTRAL	7:52	......	......	8:35	......	9:01	......	......	9:37	......	9:46
Woodside	......	......	......	......	......	9:13	......	9:46	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	8:09	......	8:26	......	......	......	9:26	......	......	......	10:03
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	8:12	......	8:30	8:56	......	9:22	9:30	9:55	9:58	......	10:07
JAMAICA (Leave)	8:13	......	8:31	8:57	......	9:23	9:31	9:56	9:59	......	10:08
Hollis	8:20	......	......	9:04	......	......	......	......	10:06	......	......
Queens Village	8:23	......	......	9:07	......	......	......	......	10:09	......	......
Elmont - UBS Arena	8:25	......	......	9:09	......	9:32	9:39	10:05	10:11	......	10:16
Bellerose (Train arrival)	8:27	......	......	9:11	......	......	......	......	10:13	......	......
Bellerose (Bus departure)	......	V 8:37	......	......	V 9:21	......	......	......	......	V 10:23	......
Floral Park	8:29	......	8:40	9:13	......	......	9:41	......	10:15	......	......
Stewart Manor (Bus departure)	......	V 8:50	......	......	V 9:34	......	......	......	......	V 10:36	......
Nassau Boulevard (Bus departure)	......	V 8:55	......	......	V 9:39	......	......	......	......	V 10:41	......
Garden City (Bus departure)	......	V 9:00	......	......	V 9:44	......	......	......	......	V 10:46	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	......	V 9:10	......	......	V 9:54	......	......	......	......	V 10:56	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	780	780/Bus	1580	782	782/Bus	2078	1582	1974	784	784/Bus	1674

For explanation, see "Reference Notes."	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Friday Only	Saturday Only	
	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM
PENN STATION	......	10:13	10:31	......	......	......	......	11:13	......	......	......
GRAND CENTRAL	10:05	......	......	10:37	......	10:46	11:05	......	11:37	......	12:00
Woodside	10:17	......	10:42	......	......	......	11:17	......	......	......	12:11
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	10:30	......	......	......	11:04	......	11:30	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	10:26	10:34	10:52	10:58	......	11:07	11:26	11:34	11:58	......	12:20
JAMAICA (Leave)	10:27	10:35	10:53	10:59	......	11:08	11:27	11:35	11:59	......	12:21
Hollis	......	......	......	11:06	......	......	......	......	12:06	......	......
Queens Village	......	......	......	11:09	......	......	......	......	12:09	......	......
Elmont - UBS Arena	10:35	10:43	11:01	11:11	......	11:16	11:35	11:43	12:11	......	12:31
Bellerose (Train arrival)	......	......	......	11:13	......	......	......	......	12:13	......	......
Bellerose (Bus departure)	......	......	......	......	V 11:19	......	......	......	......	V 12:23	......
Floral Park	......	10:45	......	11:15	......	......	......	11:45	12:15	......	......
Stewart Manor (Bus departure)	......	......	......	......	V 11:32	......	......	......	......	V 12:36	......
Nassau Boulevard (Bus departure)	......	......	......	......	V 11:37	......	......	......	......	V 12:41	......
Garden City (Bus departure)	......	......	......	......	V 11:42	......	......	......	......	V 12:46	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	......	......	......	......	V 11:52	......	......	......	......	V 12:56	......
	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM
Train #	2080	1584	1976	786	786/Bus	1676	2082	1586	788	788/Bus	8002

For explanation, see "Reference Notes."											
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION	12:09	......	......	1:30	......	......	2:35	......	3:06	5:26	......
GRAND CENTRAL	......	12:35	......	......	1:39	......	......	......	......	......	......
Woodside	......	......	......	1:41	......	......	2:47	......	......	......	......
Forest Hills	......	......	......	......	1:54	......	......	......	......	......	......
Kew Gardens	12:26	12:52	......	......	......	......	......	......	3:23	5:43	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	12:30	12:56	......	1:50	2:00	......	2:56	......	3:27	5:47	......
JAMAICA (Leave)	12:31	12:57	......	1:51	2:01	......	2:57	......	3:28	5:48	......
Hollis	12:37	1:04	......	......	2:07	......	3:04	......	3:34	5:54	......
Queens Village	12:39	1:07	......	......	2:10	......	3:07	......	3:36	5:56	......
Elmont - UBS Arena	12:41	1:09	......	2:01	2:12	......	3:09	......	3:38	5:58	......
Bellerose (Train arrival)	......	1:11	......	......	2:14	......	3:11	......	......	6:01	......
Bellerose (Bus departure)	......	......	V 1:21	......	......	V 2:24	......	V 3:21	......	......	V 6:11
Floral Park	12:42	1:13	......	......	2:16	......	3:13	......	3:40	6:04	......
Stewart Manor (Bus departure)	......	......	V 1:34	......	......	V 2:37	......	V 3:34	......	......	V 6:24
Nassau Boulevard (Bus departure)	......	......	V 1:39	......	......	V 2:42	......	V 3:39	......	......	V 6:29
Garden City (Bus departure)	......	......	V 1:44	......	......	V 2:47	......	V 3:44	......	......	V 6:34
Country Life Press	......	......	......	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	......	......	V 1:54	......	......	V 2:57	......	V 3:54	......	......	V 6:44
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	7502	6702	6702/Bus	7902	6704	6704/Bus	6706	6706/Bus	7504	6710	6710/Bus

For explanation, see "Reference Notes."											
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION	6:06	......	......	7:06	......	......	8:06	......	......	9:10	......
GRAND CENTRAL	......	6:35	......	......	7:35	......	......	8:35	......	......	9:35
Woodside	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	6:23	......	......	7:23	......	......	8:23	......	......	9:27	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	6:27	6:56	......	7:27	7:56	......	8:27	8:56	......	9:31	9:56
JAMAICA (Leave)	6:28	6:57	......	7:28	7:57	......	8:28	8:57	......	9:32	9:57
Hollis	6:34	7:04	......	7:34	8:03	......	8:34	9:05	......	9:38	10:03
Queens Village	6:36	7:07	......	7:36	8:06	......	8:36	9:06	......	9:40	10:06
Elmont - UBS Arena	6:38	7:09	......	7:38	8:08	......	8:38	9:08	......	9:42	10:08
Bellerose (Train arrival)	......	7:11	......	......	8:10	......	......	9:10	......	......	10:10
Bellerose (Bus departure)	......	......	V 7:21	......	......	V 8:20	......	......	V 9:20	......	......
Floral Park	6:40	7:13	......	7:40	8:12	......	8:40	9:12	......	9:44	10:12
Stewart Manor (Bus departure)	......	......	V 7:34	......	......	V 8:33	......	......	V 9:33	......	......
Nassau Boulevard (Bus departure)	......	......	V 7:39	......	......	V 8:38	......	......	V 9:38	......	......
Garden City (Bus departure)	......	......	V 7:44	......	......	V 8:43	......	......	V 9:43	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	......	......	V 7:54	......	......	V 8:53	......	......	V 9:53	......	......
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	7510	6712	6712/Bus	7512	6714	6714/Bus	7514	6716	6716/Bus	7516	6718

For explanation, see "Reference Notes."											
	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM
PENN STATION	......	10:06	......	......	11:06	......	......	12:06	......	......	1:06
GRAND CENTRAL	......	......	10:35	......	......	11:35	......	......	12:35	......	......
Woodside	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	10:23	......	......	11:23	......	......	12:23	......	......	1:23
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	......	10:27	10:56	......	11:27	11:56	......	12:27	12:56	......	1:27
JAMAICA (Leave)	......	10:28	10:57	......	11:28	11:57	......	12:28	12:57	......	1:28
Hollis	......	10:34	11:03	......	11:34	12:03	......	12:34	1:03	......	1:34
Queens Village	......	10:36	11:06	......	11:36	12:06	......	12:36	1:06	......	1:36
Elmont - UBS Arena	......	10:38	11:08	......	11:38	12:08	......	12:38	1:08	......	1:38
Bellerose (Train arrival)	......	......	11:10	......	......	12:10	......	......	1:10	......	......
Bellerose (Bus departure)	V 10:20	......	......	V 11:20	......	......	V 12:20	......	......	V 1:20	......
Floral Park	......	10:40	11:12	......	11:40	12:12	......	12:40	1:12	......	1:40
Stewart Manor (Bus departure)	V 10:33	......	......	V 11:33	......	......	V 12:33	......	......	V 1:33	......
Nassau Boulevard (Bus departure)	V 10:38	......	......	V 11:38	......	......	V 12:38	......	......	V 1:38	......
Garden City (Bus departure)	V 10:43	......	......	V 11:43	......	......	V 12:43	......	......	V 1:43	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	V 10:53	......	......	V 11:53	......	......	V 12:53	......	......	V 1:53	......
	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM
Train #	6718/Bus	7520	6720	6720/Bus	7522	6722	6722/Bus	7550	6750	6750/Bus	7552

For explanation, see "Reference Notes."								
	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	1:30	......	......	......	......	2:10	2:30	......
GRAND CENTRAL	......	1:35	......	1:40	1:59	......	......	2:35
Woodside	1:41	......	......	......	2:11	......	2:41	......
Forest Hills	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	1:57	......	2:27	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	1:50	1:56	......	2:01	2:20	2:31	2:50	2:56
JAMAICA (Leave)	1:51	1:57	......	2:02	2:21	2:32	2:51	2:57
Hollis	......	2:03	......	......	......	2:38	......	3:03
Queens Village	......	2:06	......	......	......	2:40	......	3:06
Elmont - UBS Arena	2:01	2:08	......	2:12	2:31	2:42	3:01	3:08
Bellerose (Train arrival)	......	2:10	......	......	......	......	......	3:10
Bellerose (Bus departure)	......	......	V 2:20	......	......	......	......	......
Floral Park	......	2:12	......	......	......	2:44	......	3:12
Stewart Manor (Bus departure)	......	......	V 2:33	......	......	......	......	......
Nassau Boulevard (Bus departure)	......	......	V 2:38	......	......	......	......	......
Garden City (Bus departure)	......	......	V 2:43	......	......	......	......	......
Country Life Press	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	......	......	V 2:53	......	......	......	......	......
	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7952	6752	6752/Bus	7652	8054	7554	7954	6754

Effective Saturday & Sunday, March 4-5, 18-19, 25-26 and April 1-2, 2023

(Continued)

Eastbound

To Hempstead

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."											
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	......	......	3:06	3:30	......	......	......	......	4:06	4:30
GRAND CENTRAL	......	2:40	2:59	......	......	3:35	......	3:40	3:59	......	......
Woodside	......	......	3:11	......	3:41	......	......	......	4:11	......	4:41
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	2:57	......	3:23	......	......	......	3:57	......	4:23	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	......	3:01	3:20	3:27	3:50	3:56	......	4:01	4:20	4:27	4:50
JAMAICA (Leave)	......	3:02	3:21	3:28	3:51	3:57	......	4:02	4:21	4:28	4:51
Hollis	......	......	......	3:34	......	4:03	......	......	......	4:34	......
Queens Village	......	......	......	3:36	......	4:06	......	......	......	4:36	......
Elmont - UBS Arena	......	3:12	3:31	3:38	4:01	4:08	......	4:12	4:31	4:38	5:01
Bellerose (Train arrival)	......	......	......	......	......	4:10	......	......	......	......	......
Bellerose (Bus departure)	V 3:20	......	......	......	......	......	V 4:20	......	......	......	......
Floral Park	......	......	......	3:40	......	4:12	......	......	......	4:40	......
Stewart Manor (Bus departure	V 3:33	......	......	......	......	......	V 4:33	......	......	......	......
Nassau Boulevard (Bus	V 3:38	......	......	......	......	......	V 4:38	......	......	......	......
Garden City (Bus departure)	V 3:43	......	......	......	......	......	V 4:43	......	......	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	V 3:53	......	......	......	......	......	V 4:53	......	......	......	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	6754/Bus	7654	8056	7556	7956	6756	6756/Bus	7656	8058	7558	7958

For explanation, see "Reference Notes."											
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	......	......	......	5:10	5:30	......	......	......	......	6:06
GRAND CENTRAL	4:35	......	4:40	4:59	......	......	5:35	......	5:40	5:59	......
Woodside	......	......	......	5:11	......	5:41	......	......	......	6:11	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	4:57	......	5:27	......	......	......	5:57	......	6:23
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	4:56	......	5:01	5:20	5:31	5:50	5:56	......	6:01	6:20	6:27
JAMAICA (Leave)	4:57	......	5:02	5:21	5:32	5:51	5:57	......	6:02	6:21	6:28
Hollis	5:03	......	......	......	5:38	......	6:03	......	......	......	6:34
Queens Village	5:06	......	......	......	5:40	......	6:06	......	......	......	6:36
Elmont - UBS Arena	5:08	......	5:12	5:31	5:42	6:01	6:08	......	6:12	6:31	6:38
Bellerose (Train arrival)	5:10	......	......	......	......	......	6:10	......	......	......	......
Bellerose (Bus departure)	......	V 5:20	......	......	......	......	......	V 6:20	......	......	......
Floral Park	5:12	......	......	......	5:44	......	6:12	......	......	......	6:40
Stewart Manor (Bus departure	......	V 5:33	......	......	......	......	......	V 6:33	......	......	......
Nassau Boulevard (Bus	......	V 5:38	......	......	......	......	......	V 6:38	......	......	......
Garden City (Bus departure)	......	V 5:43	......	......	......	......	......	V 6:43	......	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	......	V 5:53	......	......	......	......	......	V 6:53	......	......	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	6760	6760/Bus	7658	8060	7560	7960	6762	6762/Bus	7660	8064	7562

For explanation, see "Reference Notes."											
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	6:30	......	......	......	......	7:06	7:30	......	......	......	......
GRAND CENTRAL	......	6:35	......	6:40	6:59	......	......	7:35	......	7:40	7:59
Woodside	6:41	......	......	......	7:11	......	7:41	......	......	......	8:11
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	6:57	......	7:23	......	......	......	7:57	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	6:50	6:56	......	7:01	7:20	7:27	7:50	7:56	......	8:01	8:20
JAMAICA (Leave)	6:51	6:57	......	7:02	7:21	7:28	7:51	7:57	......	8:02	8:21
Hollis	......	7:03	......	......	......	7:34	......	8:03	......	......	......
Queens Village	......	7:06	......	......	......	7:36	......	8:06	......	......	......
Elmont - UBS Arena	7:01	7:08	......	7:12	7:31	7:38	8:01	8:08	......	8:12	8:31
Bellerose (Train arrival)	......	7:10	......	......	......	......	......	8:10	......	......	......
Bellerose (Bus departure)	......	......	V 7:20	......	......	......	......	......	V 8:20	......	......
Floral Park	......	7:12	......	......	......	7:40	......	8:12	......	......	......
Stewart Manor (Bus departure	......	......	V 7:33	......	......	......	......	......	V 8:33	......	......
Nassau Boulevard (Bus	......	......	V 7:38	......	......	......	......	......	V 8:38	......	......
Garden City (Bus departure)	......	......	V 7:43	......	......	......	......	......	V 8:43	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	......	......	V 7:53	......	......	......	......	......	V 8:53	......	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7964	6764	6764/Bus	7662	8066	7566	7966	6766	6766/Bus	7666	8068

For explanation, see "Reference Notes."											
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	8:06	8:30	......	......	......	......	9:06	9:30	......	......	......
GRAND CENTRAL	......	......	8:35	......	8:40	8:59	......	......	9:35	......	9:40
Woodside	......	8:41	......	......	......	9:11	......	9:41	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	8:23	......	......	......	8:57	......	9:23	......	......	......	9:57
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	8:27	8:50	8:56	......	9:01	9:20	9:27	9:50	9:56	......	10:01
JAMAICA (Leave)	8:28	8:51	8:57	......	9:02	9:21	9:28	9:51	9:57	......	10:02
Hollis	8:34	......	9:03	......	......	......	9:34	......	10:03	......	......
Queens Village	8:36	......	9:06	......	......	......	9:36	......	10:06	......	......
Elmont - UBS Arena	8:38	9:01	9:08	......	9:12	9:31	9:38	10:01	10:08	......	10:12
Bellerose (Train arrival)	......	......	9:10	......	......	......	......	......	10:10	......	......
Bellerose (Bus departure)	......	......	......	V 9:20	......	......	......	......	......	V 10:20	......
Floral Park	8:40	......	9:12	......	......	......	9:40	......	10:12	......	......
Stewart Manor (Bus departure	......	......	......	V 9:33	......	......	......	......	......	V 10:33	......
Nassau Boulevard (Bus	......	......	......	V 9:38	......	......	......	......	......	V 10:38	......
Garden City (Bus departure)	......	......	......	V 9:43	......	......	......	......	......	V 10:43	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	......	......	......	V 9:53	......	......	......	......	......	V 10:53	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7568	7968	6768	6768/Bus	7668	8070	7570	7970	6770	6770/Bus	7670

For explanation, see "Reference Notes."											
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	10:06	10:30	......	......	......	......	11:11	11:30	......	......
GRAND CENTRAL	9:59	......	......	10:35	......	10:40	10:59	......	......	11:35	11:40
Woodside	10:11	......	10:41	......	......	......	11:11	......	11:41	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	10:23	......	......	......	10:57	......	11:27	......	......	11:57
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	10:20	10:27	10:50	10:56	......	11:01	11:20	11:31	11:50	11:56	12:01
JAMAICA (Leave)	10:21	10:28	10:51	10:57	......	11:02	11:21	11:32	11:51	11:57	12:02
Hollis	......	10:34	......	11:03	......	......	......	11:38	......	12:03	......
Queens Village	......	10:36	......	11:06	......	......	......	11:40	......	12:06	......
Elmont - UBS Arena	10:31	10:38	11:01	11:08	......	11:12	11:31	11:42	12:01	12:08	12:12
Bellerose (Train arrival)	......	......	......	11:10	......	......	......	......	......	12:10	......
Bellerose (Bus departure)	......	......	......	......	V 11:20	......	......	......	......	......	......
Floral Park	......	10:40	......	11:12	......	......	......	11:44	......	12:12	......
Stewart Manor (Bus departure	......	......	......	......	V 11:33	......	......	......	......	......	......
Nassau Boulevard (Bus	......	......	......	......	V 11:38	......	......	......	......	......	......
Garden City (Bus departure)	......	......	......	......	V 11:43	......	......	......	......	......	......
Country Life Press	......	......	......	......	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	......	......	......	......	V 11:53	......	......	......	......	......	......
	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM
Train #	8072	7572	7972	6772	6772/Bus	7672	8074	7574	7974	6774	7674

For explanation, see "Reference Notes."	Sun. & Mon. Only	Monday Only	Monday Only	Monday Only	Monday Only	Monday Only	Monday Only
	AM	AM	AM	AM	AM	AM	AM
PENN STATION	......	......	12:13	......	......	......	......
GRAND CENTRAL	......	12:05	......	12:35	......	1:35	......
Woodside	......	12:17	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......
Kew Gardens	......	......	12:30	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......
JAMAICA (Arrive)	......	12:26	12:34	12:56	......	1:56	......
JAMAICA (Leave)	......	12:27	12:35	12:57	......	1:57	......
Hollis	......	......	......	1:04	......	2:03	......
Queens Village	......	......	......	1:07	......	2:06	......
Elmont - UBS Arena	......	12:36	12:43	1:09	......	2:08	......
Bellerose (Train arrival)	......	......	......	1:11	......	2:10	......
Bellerose (Bus departure)	V 12:20	......	......	......	V 1:21	......	V 2:20
Floral Park	......	......	12:44	1:13	......	2:12	......
Stewart Manor (Bus departure	V 12:33	......	......	......	V 1:34	......	V 2:33
Nassau Boulevard (Bus	V 12:38	......	......	......	V 1:39	......	V 2:38
Garden City (Bus departure)	V 12:43	......	......	......	V 1:44	......	V 2:43
Country Life Press	......	......	......	......	......	......	......
HEMPSTEAD (Bus arrival)	V 12:53	......	......	......	V 1:54	......	V 2:53
	AM	AM	AM	AM	AM	AM	AM
Train #	6774/Bus	2002	1502	702	702/Bus	704	704/Bus

MTA **Long Island Rail Road**

Reference Notes

A	Train departs from Platform A.
J	Transfer at Jamaica. Transfers are only shown on this timetable for select trains. Use the TrainTime app or a City Terminal Zone timetable to view all your transfer options.
V	Eastbound: Transfer from train to bus at Bellerose. Westbound: Transfer from bus to train at Bellerose.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

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