

Monday through Friday except Holidays, Effective Beginning January 26, 2023

Eastbound

From Grand Central to Jamaica

Weekdays

Notes	Grand Central	Woodside	Forest Hills	Kew Gardens	Jamaica	Train #
Morning Service						
	9:15	9:38	9008
	9:55	10:07	10:12	10:14	10:19	9010
	10:33	10:54	9012
	10:59	11:11	11:16	11:18	11:23	9014
	11:33	11:54	9016
	11:59	12:11	12:16	12:18	12:23	9018
Afternoon/Evening Service						
	12:33	12:54	9020
	12:59	1:11	1:16	1:18	1:23	9022
	1:29	1:50	9024
	1:59	2:11	2:16	2:18	2:23	9026
	2:29	2:50	9028
	2:58	3:10	3:15	3:17	3:22	9030
	3:28	3:49	9032
	3:57	4:09	4:14	4:16	4:22	9034
Peak	4:28	4:40	4:49	9036
Peak	5:19	5:32	5:41	9038
Peak	6:20	6:32	6:42	9040
Peak	7:17	7:29	7:38	9042
	8:04	8:16	8:25	9044

Westbound

From Jamaica to Grand Central

Weekdays

Notes	Jamaica	Kew Gardens	Forest Hills	Woodside	Grand Central	Train #
Morning Service						
Peak	6:17	6:27	6:38	9001
Peak	7:15	7:25	7:36	9003
Peak	8:16	8:27	8:38	9005
Peak	9:17	9:27	9:38	9007
	9:50	9:54	9:56	10:01	10:12	9009
	10:17	10:37	9011
	10:45	10:49	10:51	10:56	11:07	9013
	11:15	11:35	9015
	11:45	11:49	11:51	11:56	12:07	9017
Afternoon Service						
	12:15	12:35	9019
	12:45	12:49	12:51	12:56	1:07	9021
	1:15	1:35	9023
	1:45	1:49	1:51	1:56	2:07	9025
	2:21	2:41	9027
	2:45	2:49	2:51	2:56	3:07	9029
	3:16	3:37	9031
	3:49	3:53	3:55	4:00	4:11	9033
	4:16	4:37	9035
	4:47	4:51	4:53	4:59	5:10	9037

***See MTA TrainTime app for complete service west of Jamaica as well as transfer opportunities.**

/// WATCH THE GAP ///

MTA Long Island Rail Road

Reference Notes

	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
Holidays	Holiday service will operate on New Year's Day, Presidents' Day, Memorial Day, July 4 th , Labor Day, Thanksgiving Day and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off Peak fares will apply on these days. Senior/Disabled/Medicare tickets will be honored all day on Columbus Day, Election Day and Veterans Day.
PEAK AM	Off-Peak One-Way/Ten Trip tickets not honored. Senior citizen/People with disabilities/Medicare customers tickets not honored (restriction lifted on Columbus, Election & Veterans Days). No bicycles are allowed on these trains.
PEAK PM	Off-Peak One-Way/Ten Trip tickets not honored. At stations other than western terminals, PM Peak trains may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
West of Jamaica	At stations west of Jamaica, trains may depart stations up to three minutes earlier than times shown.

Station Services: Connecting Transportation					
	Fare Zone				
PENN STATION	1	M7, M20, M34-SBS, M34A-SBS, Q32			1, 2, 3, A, C, E, Amtrak, NJ TRANSIT
GRAND CENTRAL	1	M1, M2, M3, M4, M42, M101, M102, M103, Q32			4, 5, 6, 7, S, METRO-NORTH
Woodside	1	Q18, Q32, Q53-SBS, Q70-SBS		LaGuardia Link Q70 SBS	7
Forest Hills	1	Q23, Q60, Q64			E, F, M, R
Kew Gardens	1	Q10		Q10	
Long Island City	1	Q103			7
HUNTERSPOINT AVE.	1	Q67			7
ATLANTIC TERMINAL	1	B37, B41, B45, B63, B65, B67, B103			2, 3, 4, 5, B, D, N, Q, R
Nostrand Avenue	1	B25, B26, B44, B44-SBS, B49			A, C
East New York	1	B12, B20, B25, B83, Q24, Q56			A, C, J, Z, L
JAMAICA	3	Q6, Q8, Q9, Q20, Q24, Q25, Q30, Q31, Q34, Q40, Q41, Q43, Q44-SBS, Q54, Q56, Q60, Q65			E, J, Z

Customer Service Center

Long Island Rail Road Schedule & Fare Info: www.mta.info
24-hour automated Schedule & Fare information

Call: 511 (Say "LIRR" at anytime)

Deaf/Hard of Hearing Customers:
Use your preferred relay service provider or the free 711 relay to reach 511

NYC SUBWAY AND BUS
MTA New York City Transit, MTA Bus 511

BUS SERVICES:
Nassau Inter-County Express (516) 336-6600
Suffolk County Transit (Suffolk County Buses) (631) 852-5200
HART (Huntington Area Rapid Transit) (631) HART-BUS
City of Long Beach Buses (516) 431-4445

RAILROADS:
Metro-North Railroad (New York City) 511
New Jersey Transit (973) 275-5555
PATH (Port Authority Trans Hudson) (800) 234-PATH
AMTRAK (800) USA-RAIL

FERRY SERVICES:
Port Jefferson-Bridgeport Ferry (631) 473-0286

VISITORS AND TOURISM:
Long Island Convention & Visitors Bureau (877) FUN-ON-LI

Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only 911
MTA Police (212) 878-1001
MTA Inspector General Hotline (800) MTA-IG4U

Call 511 and say "LIRR", then:

DEPARTMENT	HOURS
Schedule Information	Say "Schedules" 24/7
Fare Information	Say "Fares" 24/7
Mobile Ticketing	Say "Mobile Ticketing" Daily, 6AM - 10 PM
Mail&Ride	Say "Mail and Ride" Daily, 6AM - 10 PM
Group Travel and Getaways	Say "Group Travel" M-F, 8 AM-4 PM
Lost & Found	Say "Lost & Found" Daily, 6 AM - 10 PM
Refunds	Say "More Options" - "Ticket Refunds" Daily, 6 AM - 10 PM
Ticket Machine Assistance	Say "More Options" - "Ticket Machines" M-F, 6:30 AM-3:30 PM
Hamptons Reserve Service	Say "More Options" - "Hamptons Reserve" ... Seasonal: May-Sept.
Comments & Concerns	Say "More Options" - "Public Affairs" Daily, 6 AM - 10 PM
Corporate Offices or All Other Business	Say "More Options" - "Corporate Directory" ... M-F, 9 AM-5 PM

MTA Long Island Rail Road
Jamaica Station
Jamaica, NY 11435

Title VI Statement

Long Island Rail Road is committed to providing non-discriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color, national origin or income as protected by Title VI of the Civil Rights Act of 1964. For more information or to file a complaint, visit mta.info or contact: MTA Long Island Rail Road, Office of Diversity Management, 93-02 Sutphin Boulevard, Jamaica, NY 11435.

A complainant may also file a complaint directly with the U.S. Department of Transportation by contacting the Department at: U.S. Department of Transportation, Federal Transit Administration's Office of Civil Rights, One Bowling Green, Room 429, New York, NY 10004-1415.

Responsibility

Assaulting
MTA Long Island Rail Road Train Crew Members is a felony punishable by up to 7 years in prison.
New York State Penal Code 120.05

The Long Island Rail Road cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections or for changes in or shortage of equipment. The sale of any ticket includes no assurance of a seat on a particular train. The schedules shown in this timetable are subject to change without notice.